

## PATTERNS IN SIZE AND SHEDDING OF *FASCIOLA HEPATICA* EGGS BY NATURALLY AND EXPERIMENTALLY INFECTED MURID RODENTS

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**ABSTRACT:** Using samples collected on the island of Corsica, a comparative study was done of the morphometry of *Fasciola hepatica* eggs shed by cattle and by naturally and experimentally infected murid rodents (wild *Mus musculus* and *Rattus rattus* and *Rattus norvegicus* Wistar laboratory strain). Eggs shed by murids are smaller in size than those shed by naturally infected cattle. A second study analyzed the number of *F. hepatica* eggs shed in murid feces at different time intervals, i.e., months, days, and 6-hr periods, by the Kato-Katz technique. Both experimentally and naturally infected black rats (*R. rattus*) were used, and Wistar rats were experimentally infected and included for comparison. The present studies prove that black rats *R. rattus* are able to shed eggs independently from the liver fluke isolate and that egg shedding occurs throughout the life of this host species, uninterrupted during all the months analyzed in a 2-yr period. Moreover, the results suggest that this shedding is continuous, with eggs appearing in the feces daily. The results on egg shedding by wild black rats *R. rattus* reach their maximum shedding in spring and autumn and a maximum during twilight hr. These chronobiological patterns appear to favor parasite transmission, both seasonally and daily.

Fascioliasis is a disease caused by digenean trematode species belonging to the genus *Fasciola*, which is important from both economic and public health perspectives. In economic terms, fascioliasis is important in sheep and cattle, though a wide range of domestic animals may also be affected, e.g., members of the Bovidae, Equidae, and Camelidae. Wild mammals can also contract the disease, and some are known to act as reservoir hosts, e.g., members of the Cervidae, Marsupialia, and Lagomorpha (Boray, 1969; Mas-Coma et al., 1987, 1988). In public health terms, human fascioliasis has been reported in many parts of the world, with prevalences and intensities ranging from low to very high and with several geographical areas having been described as endemic for the disease in humans (Mas-Coma, Bargues, and Esteban, 1999; Mas-Coma, Esteban, and Bargues, 1999).

On the Mediterranean island of Corsica, fascioliasis caused by *Fasciola hepatica* exhibits an unusual geographical distribution, covering almost the whole of this very large, mountainous island. In Corsica, fascioliasis exhibits a high prevalence in domestic cattle and sheep (Gretillat, 1963). However, a low prevalence in humans is known (Gitard et al., 1965; Gil-Benito, Ciolkovitch et al., 1991; Gil-Benito, Mas-Coma et al., 1991). Mas-Coma et al. (1987, 1988) reported a transmission focus at the mouth of the river Fango, where *F. hepatica* was found in the liver of 2 wild rodent species, i.e., the house mouse *Mus musculus* Linnaeus, 1758, and the black rat *Rattus rattus* (Linnaeus, 1758).

The black rat *R. rattus* has been cited as a reservoir of several human parasites, although very few experimental studies have been performed because of the great difficulties involved in laboratory rearing and maintenance of this wild rodent species. However, Valero et al. (1998) successfully adapted Corsican black rats to the laboratory. This enabled experimental infection of intermediate lymnaeid hosts and subsequent infection of de-

finite hosts with the black rat *F. hepatica* isolate, thus proving the viability of the black rat as a potential reservoir host.

The life cycle of *F. hepatica* occurs in alternate aquatic and terrestrial ecosystems. The eggs are shed by a definitive terrestrial host, but egg development occurs in fresh water and larval stage development then occurs in aquatic and amphibious lymnaeid snails (Mas-Coma and Bargues, 1997). To verify that the black rat potentially plays a significant role in the transmission of the disease, studies were undertaken to analyze whether the chronobiological pattern of *F. hepatica* egg shedding by black rats meets the requirements for maximum transmission success. Hence, it was necessary to confirm that shedding of eggs into water could take place both (1) in the appropriate seasons, when lymnaeid populations are still active (keeping in mind that in the Mediterranean region fascioliasis transmission is biseasonal, in spring and autumn, because of the activity periods of the intermediate snail host species *Lymnaea truncatula*—see Oviedo, 1992); and (2) at the appropriate time during which black rats visit aquatic habitats inhabited by lymnaeids. Moreover, the studies were used to perform a test for patterns in egg size, e.g., to phenotypically characterize the adaptation process of the liver fluke to the wild murid rodent hosts at this phase of the life cycle.

A comparative study was performed on the morphometry of *F. hepatica* eggs shed by naturally infected cattle from Corsica, the most common definitive host species on this island, and eggs shed by naturally infected murids (*M. musculus* and *R. rattus*) captured in Corsica, as well as by laboratory white rats of the *Rattus norvegicus* Wistar strain experimentally infected with a liver fluke isolate obtained from Corsican cattle.

The presence of a gall bladder favors the accumulation of parasite eggs in ruminant hosts. This phenomenon might distort studies on the chronobiology of *F. hepatica* egg release based on coprological analyses. Given that murid rodents of the genus *Rattus* have no gall bladder, this problem is avoided. *Fasciola hepatica* eggs shed by murids were used to test for patterns in the number of eggs shed over time. Both naturally and experimentally infected Corsican black rats were used for this purpose. Laboratory white rats were experimentally infected and included in the study for comparison.

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TABLE I. Experiment list indicating periods in which fecal pellets were collected, rat source, rat species analyzed (including rat code with infection source), and sampling time employed in each rat. Mo, number of months analyzed in each rat. Days, number of days analyzed in each rat. Code: rat code and source of infection (Rrn = *R. rattus* naturally infected from Corsica; Rrb = *R. rattus* experimentally infected with bovine isolate from Corsica; Rrm = *R. rattus* experimentally infected with murine isolate from Corsica; Rnb = *R. norvegicus* Wistar experimentally infected with bovine isolate from Corsica). Females: Rrn1, Rrn2 Rrn3 Rrn4, Rrn5, Rrn6, Rrb1, Rrb2, Rrb3, Rrm1, Rnb6, Rnb7. Males: Rrn7, Rrn8, Rrn9, Rrn10, Rrb4, Rrb5, Rrm2, Rnb8, Rnb9.

	Experiments													
	A		B		C		D		E		F		G	H
Feces collection period	Monthly*		Daily†		Daily‡		Daily‡		Daily‡		6 hr		6 hr	6 hr
Source of rats	§		#		Lab-born		Lab-born		Lab-born		#		Lab-born	Lab-born
Rat species analyzed	<i>R. rattus</i>		<i>R. rattus</i>		<i>R. rattus</i>		<i>R. rattus</i>		Wistar rat		<i>R. rattus</i>		<i>R. rattus</i>	Wistar rat
	Code	Mo	Code	Mo	Code	Days	Code	Days	Code	Days	Code	Code	Code	Code
	Rrn1	19	Rrn5	5.8	Rrb1	6	Rrm1	8	Rnb6	24	Rrn5	Rrb2	Rnb6	Rnb6
	Rrn2	1	Rrn6	5.8	Rrb2	37	Rrm2	25	Rnb7	48	Rrn6	Rrb3	Rnb7	Rnb7
	Rrn3	22	Rrn7	5.8	Rrb3	59			Rnb8	9	Rrn7	Rrb4		
	Rrn4	23	Rrn8	5.7	Rrb4	60			Rnb9	7	Rrn8	Rrb5		
			Rrn9	5.8	Rrb5	101					Rrn9			
			Rrn10	3.7							Rrn10			

\* From October 1991.

† From May 1993.

‡ From the first day of the prepatent period of each rat.

|| Fecal samples were collected every 6 hr (3, 9, 15 and 21 hr) 3 days per week, for 3 consecutive weeks.

§ Captured in October 1991.

# Captured in March 1993.

## MATERIALS AND METHODS

### Murid host material

Animals were housed in Micro-Isolator boxes and maintained in a pathogen-free electrically heated room, with a 12 hr light :12 hr darkness cycle. A balanced commercial rodent diet and water were provided ad lib. The diet was supplemented with fruit. Naturally infected wild house mice and black rats and lab-reared, experimentally infected black rats and laboratory white rats were examined.

Murid rodents were captured from the mouth of the river Fango on different dates on the island of Corsica using small mammal traps set at night. All the animals captured were examined for *F. hepatica* eggs in their feces using the Kato-Katz technique (Helm-Test®, AK-Indústria Comércio, Ltda., Belo Horizonte, Minas Gerais, Brazil).

The laboratory born, experimentally infected rodents included 7 *R. rattus* rats, all 8- to 14-mo-old, born from *R. rattus* wild animals captured on the island of Corsica. In addition, 4 *R. norvegicus* animals of the Wistar strain (Iffa Credo, Barcelona, Spain), 2- to 3-mo-old, were also used.

### Experimental procedures

Only Corsican strains of *F. hepatica* and *L. truncatula* were used. *Lymnaea truncatula* snails that shed the cercariae that gave rise to the metacercariae were from a lab-reared strain. These snails were infected (Mas-Coma et al., 2001) with miracidia from *F. hepatica* eggs recovered from the bile of naturally-infected cattle killed in the slaughterhouse of Portovecchio, Corsica (bovine isolate) and from feces of naturally infected black rats trapped in the area of the mouth of the river Fango, Corsica (murine isolate). Rats were experimentally infected with 1- to 12-day-old metacercariae obtained from experimentally infected *L. truncatula* and stored in freshwater at 4 C until use. Before infecting the rats, the viability of the metacercariae was checked using the refractile appearance of the excretory granules as the criterion (Boray, 1969). Twenty *F. hepatica* metacercariae per rat were inoculated orally by means of paper pellets under controlled ether anesthesia (Panreac, Barcelona, Spain). Lab-reared black rats were experimentally infected with metacercariae from bovine and murine isolates (Table I). Wistar rats were experimentally infected with metacercariae of the bovine isolate (Table I). Positive infection was verified by detection of eggs in feces. After day 30 postinfection (dpi), fecal pellets were collected daily for this purpose. The number of worms that successfully developed in

each rat was established by necropsy at the end of the study. The rats were killed using ether. *Fasciola hepatica* worms were collected under a dissecting microscope. Initially, the bile duct was examined for the presence of worms, though the rest of the organs and viscera were also studied under a stereomicroscope. Finally, the thoracic and abdominal viscera and cavities were thoroughly rinsed with water to assure the recovery of all worms.

### Egg materials

Eggs that were included in the study came from naturally infected *M. musculus* mice (parasitized by 2 adults) and *R. rattus* rats (from 3 rats parasitized by only 1 adult each) and from Wistar rats experimentally infected with the Corsican bovine isolate (2 rats parasitized by 1 adult each), in all cases filtered from feces. The second source included eggs filtered from the bile of Corsican, naturally infected cattle. Length (EL) and width (EW) of the eggs were measured. The product of these 2 dimensions was used as a measure of egg size (ES) (Poulin, 1997).

### Egg shedding

Fecal pellets were collected directly from the cages of each animal and kept in a closed petri dish before examination to avoid desiccation. Fecal pellets were collected monthly (Experiment A), daily (Experiments B–E), or every 6 hr (Experiments F–H). The number of times sampled was limited by the survival of the rats under laboratory conditions. All rats were sampled at 0900 hr for the monthly or daily groups and at 0300, 0900, 1500, or 2100 hr for the groups sampled every 6 hr. Egg detection was carried out using 3 Kato-Katz slides for the monthly group and 1 Kato-Katz slide for the daily and 6-hr groups. These groups are summarized in Table I.

### Calculation of the number of eggs shed

The feces of the naturally infected wild *R. rattus* specimens (Rrn5, Rrn6, Rrn7, Rrn8, Rrn9, and Rrn10) and Wistar rats (Rnb6 and Rnb7) (see Table I) were collected for 24 consecutive days to calculate the mean weight of the feces shed by each rat species. The number of eggs per gram of feces (epg) shed by each rat was calculated using the Kato-Katz technique. The egg output per fluke, per rat, and per day were calculated.

TABLE II. Biometric measurements of *F. hepatica* eggs in house mice *M. musculus*, black rat *R. rattus* and naturally infected cattle on the island of Corsica and in laboratory white Wistar rats experimentally infected with bovine isolate from Corsica. All values are shown as range, with the mean and standard deviation (SD) in parentheses. EL, egg length ( $\mu\text{m}$ ); EW, egg width ( $\mu\text{m}$ ); ES, egg size ( $\mu\text{m}^2$ ).

	<i>M. musculus</i>	<i>R. rattus</i>	Wistar rat	Cattle
EL	117–122 (119 $\pm$ 2)	114–148 (133 $\pm$ 8)	122–148 (134 $\pm$ 6)	125–149 (136 $\pm$ 9)
EW	60–83 (74 $\pm$ 7)	60–74 (67 $\pm$ 3)	63–80 (70 $\pm$ 4)	68–83 (74 $\pm$ 6)
ES	7,158–9,887 (8,836 $\pm$ 809)	7,148–10,344 (9,011 $\pm$ 685)	7,681–11,841 (9,376 $\pm$ 866)	9,128–11,300 (10,114 $\pm$ 801)

### Statistical techniques

Data processing was carried out with Cricket and SPSS 6.1 software (Macintosh). Statistical comparison of categorical variables was carried out with the chi-square test of Fisher's exact test. Comparison between the averages of egg length, width, and size from different host species was carried out using the one-way ANOVA and a post hoc test (Scheffe). Values were considered statistically significant when  $P < 0.05$ .

## RESULTS

### Morphometric values of eggs

The morphometric values of the *F. hepatica* eggs from the 4 host species studied are summarized in Table II. The ANOVA test used to separately analyze EL, EW, and ES showed significant differences in the 3 cases ( $P < 0.0001$ ). The significant differences obtained by comparing each egg measurement in pairs of definitive host species using the Scheffe test are shown in Table III. The ES in cattle showed significant differences in all definitive host species pairs.

### Egg shedding

The weight of the feces shed by rat species was 1.1–6.1 g/day ( $\bar{x} = 2.6$  g/day) in *R. rattus* and 3.6–10.65 g/day ( $\bar{x} = 5.9$  g/day) in Wistar rat.

*Experiment A:* Egg shedding in naturally infected black rats was not homogeneous over time. The data per month expressed in epg/day revealed uninterrupted shedding nearly throughout the entire life span of the black rat (Fig. 1). The shedding pattern showed alternations between high and low level sheddings. Over the 2 yr, 1 maximum egg shedding period per year was observed in the autumn months of October and November, with a second peak in the spring months.

*Experiment B:* The data on daily shedding in naturally infected black rats are given in Table IV. Continuous shedding of eggs was observed, with alternating periods of high and low emissions. When these data are grouped by month (May–September) and expressed as percentages, in all the rat samples, there is a progressive synchronic decrease in the shedding of eggs from June to August, followed by an increase in September.

*Experiments C–E:* In the experimentally infected black rats, in Experiment C, the average number of eggs emitted weekly per rat increased progressively to a maximum in the 12th–13th wk of infection (Fig. 2). The data on the daily shedding in the 3 experimentally infected groups (Experiments C, D, E) are

TABLE III. Significant differences detected in *F. hepatica* egg measurements in pairs of definitive host species by post hoc test (Scheffe). EL, egg length; EW, egg width; ES, egg size.

	<i>M. musculus</i>	<i>R. rattus</i>	Wistar rat
<i>R. rattus</i>	EL, EW		
Wistar rat	EL, EW		
Cattle	EL, ES	EW, ES	EW, ES

given in Table V. The results showed a progressive increase in egg per worm per day up to dpi 80. Thereafter, the egg shedding was characterized by alternation between periods of high and low egg per adult. The comparison between the daily evolution of the egg per worm per day up to dpi 66 in Experiments D and E against experiment C showed no differences.

*Experiments F–H:* The egg in 6-hr periods and expressed as percentages showed a maximum in Experiment F at 2100 hr, in Experiment G at 1500 hr, and in experiment H at 0300 hr. When these data were grouped into light (0900–2100 hr) and dark (2100–0900 hr) periods and expressed as percentages, the greatest shedding was seen in the dark period in Experiment F (light, 37.5%; dark, 62.5%). Significant differences were detected between the percentages of light–dark period emissions ( $\chi^2$ , 23274.4;  $P = 0.0001$ ). In contrast, most eggs were shed in the light period in Experiment G (light, 65.3%; dark, 34.7%) and Experiment H (light, 54.9%; dark, 45.1%). Significant differences were detected between the percentages of light–dark period sheddings in both cases ( $\chi^2$ , 190,965.4 and 19,653.4, respectively;  $P = 0.0001$ ).

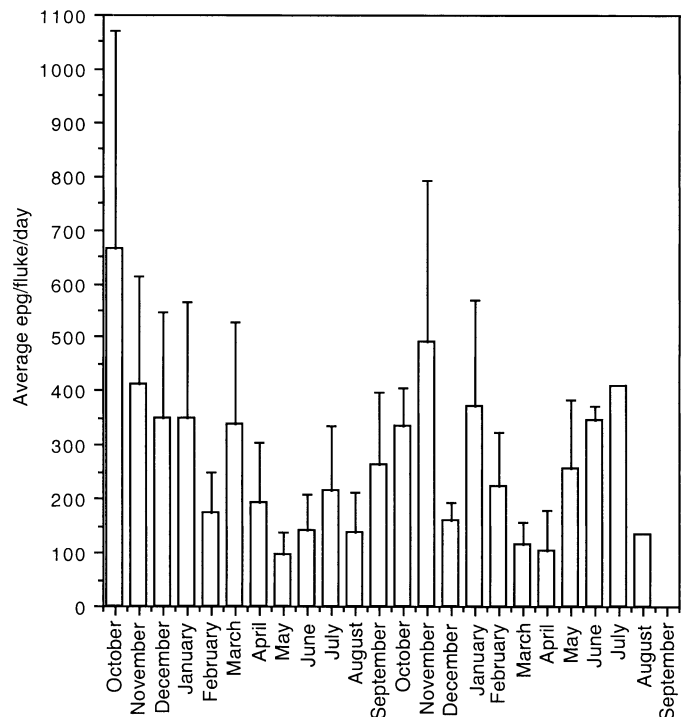
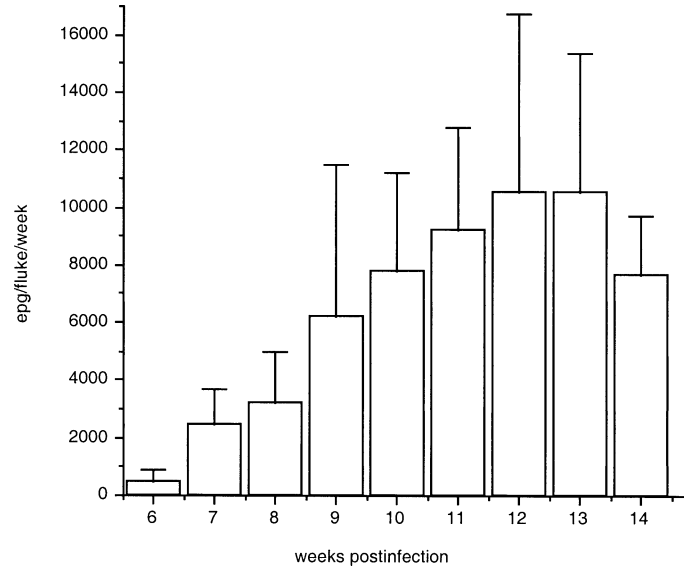


FIGURE 1. Average number of *F. hepatica* egg of feces per fluke per day shed by naturally infected wild *R. rattus* specimens during the 23 mo of the experiment. Vertical axes represent the standard error (SE).

TABLE IV. Egg shedding data in naturally infected *R. rattus* (Rrn). Experiment A, monthly samples; Experiment B, daily samples.

	Experiment A										Experiment B												
	Rm1	Rm2	Rm3	Rm4	$\bar{X}$	Rm5	Rm6	Rm7	Rm8	Rm9	Rm10	$\bar{X}$	Rm1	Rm2	Rm3	Rm4	Rm5	Rm6	Rm7	Rm8	Rm9	Rm10	$\bar{X}$
Number of flukes	1	2	1	2	1.5	3	2	4	2	2	3	2.5	1	2	3	4	2	3	4	2	3	1	2.5
Period analyzed	19 mo	1 mo	22 mo	23 mo	—	174 days	174 days	174 days	174 days	174 days	174 days	174 days	174 days	174 days	174 days	174 days	174 days	174 days	174 days	174 days	174 days	174 days	112 days
Maximum epg per fluke	960	456	636	3,618	667	2,752	4,932	2,580	4,932	4,932	2,580	2,278	2,496	6,800	6,800	2,496	4,932	4,932	4,932	4,932	6,800	2,496	2,278
Minimum epg per fluke	48	456	48	30	145	34	48	12	48	48	12	194	113	36	36	113	36	48	48	48	36	113	194
Average eggs per fluke	434	456	260	162	328	964	769	582	774	769	582	732	903	749	749	582	774	769	774	774	749	903	732
Average eggs per fluke per day	1,128	1,186	676	422	854	2,506	1,998	1,514	2,012	1,998	1,514	1,904	2,347	1,947	1,947	1,514	2,012	1,998	2,012	2,012	1,947	2,347	1,904
Average daily egg output per rat	1,128	2,371	676	845	1,281	7,517	3,997	6,058	4,024	3,997	6,058	4,761	2,347	5,840	5,840	6,058	4,024	3,997	4,024	4,024	5,840	2,347	4,761

FIGURE 2. Average weekly shedding of *F. hepatica* egg of feces by laboratory-born *R. rattus* experimentally infected with bovine liver fluke isolate during the 100 days of the experiment. Vertical axes represent the standard error (SE).

## DISCUSSION

The mean ESs for murid liver flukes were smaller than the mean ES for Corsican cattle flukes. These results indicate that *F. hepatica* egg size is influenced by the host species. As pointed out by Poulin (1997), the host mass correlates with the space available for parasites in various organs, which may place physical constraints upon trematode body size. In the present studies, small host body mass of rats and mice was in turn associated with diminished *F. hepatica* egg size.

Valero et al. (1998) have experimentally shown that the adult *F. hepatica* parasite reaches sexual maturity and produces eggs in Corsican black rats. The present studies show that the rat *R. rattus* is able to shed eggs independently from the liver fluke isolate. Egg shedding continued over a 2-yr period. Moreover, this shedding was continuous, with eggs appearing in feces daily. From the seasonal viewpoint, results show level shedding peaks in spring and autumn. From the daily point of view, egg shedding by wild *R. rattus* showed a maximum in twilight.

Egg shedding by black rats shows a lower average number of eggs per fluke per day (850–2,150) than the range normally found in sheep (8,800–25,000) or cattle (10,000–12,000) (Boray, 1969) but much higher than the values found in rabbits (19–69) (Montgomerie, 1931).

Unfortunately, there are no studies performed on the chronobiology of the egg shedding by ruminant hosts in the Mediterranean area; in continental climate areas of England and Spain, the highest egg count found in cattle was observed in winter (Whitehead, 1976; Gonzalez-Lanza et al., 1989).

Studies by Bogatko (1972) have demonstrated the existence of a maximum egg shedding in cattle between 1900 and 2000 hr. However, Düwel and Reisenleiter (1984) did not detect any correlation between egg and the time of day in the same livestock host species. This fact may be related to the egg stocking capacity of the large gall bladder in these ruminants.

These results on egg shedding by Wistar rats and laboratory-



TABLE V. Egg shedding data in experimentally infected rats. Experiment C, *R. rattus* infected with bovine isolate (Rrb); Experiment D, *R. rattus* infected with murine isolate (Rrm); Experiment E, laboratory white Wistar rats infected with bovine isolate (Rnb).

	Experiment C					Experiment D					Experiment E				
	Rrb1	Rrb2	Rrb3	Rrb4	Rrb5	$\bar{X}$	Rrm1	Rrm2	$\bar{X}$	Rnb6	Rnb7	Rnb8	Rnb9	$\bar{X}$	
Prepatent period	45	37	41	36	38	39.4	42	42	42	51	41	45	44	45.3	
Number of flukes	1	1	4	1	4	2.2	1	2	1.5	2	2	1	1	1.5	
Days analyzed	6	37	59	60	101	—	8	25	—	24	48	9	7	—	
Maximum epg per fluke	576	2,640	2,886	5,952	3,180	3,047	600	3,876	2,238	3,888	3,984	768	192	2,208	
Minimum epg per fluke	24	24	18	48	6	9.6	72	12	42	24	12	48	24	27	
Average epg per fluke	224	591	972	1,526	820	831	210	951	581	1,109	1,004	139	64	579	
Average eggs per fluke per day	582	1,535	2,527	3,967	2,133	2,159	546	2,473	1,510	6,544	5,923	818	378	3,415	
Average daily egg output per rat	582	1,535	10,109	3,967	8,530	4,750	546	4,946	2,265	13,087	11,846	818	378	5,123	

born black rats showed a maximum of level shedding in the light period of the day, suggesting an influence of laboratory adaptation. The chronobiological patterns of liver fluke egg shedding by wild black rats appear to favor the transmission, both seasonally and daily.

The average monthly temperature in Corsican coastal areas, where infected black rats were trapped, is moderate (it tends to remain above 10 C all yr round), and rainfall reaches 2 high peaks in March and October. In the summer months of July, August, and September, evapotranspiration exceeds rainfall. This 3-mo period is characterized by extreme dryness, as is typical in the Mediterranean setting (Pomponi et al., 1984). *Lymnaea truncatula* populations in coastal areas of Corsica exhibit periods of inactivity (Oviedo, 1992) during the summer months. These results show minimal shedding in summer, when egg development is most difficult, and level shedding peaks in spring and autumn mo, when there is substantial rainfall and a sufficiently wet environment.

The results obtained in the black rat suggest a correlation between egg shedding and activity of the host. Thus, the wild black rat, captured in nature, retains the typical twilight–crepuscular activity that it has in its natural environment (Kahmann and Haedrich, 1957; Alcover, 1984; Cheylan, 1988). In contrast, the laboratory-born black rat adopts a diurnal activity related to human activity, similarly to the Wistar rat. The relation between maximum egg shedding and the activity of the black rat out of its nest in the field may facilitate eggs reaching the water bodies inhabited by *L. truncatula*.

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