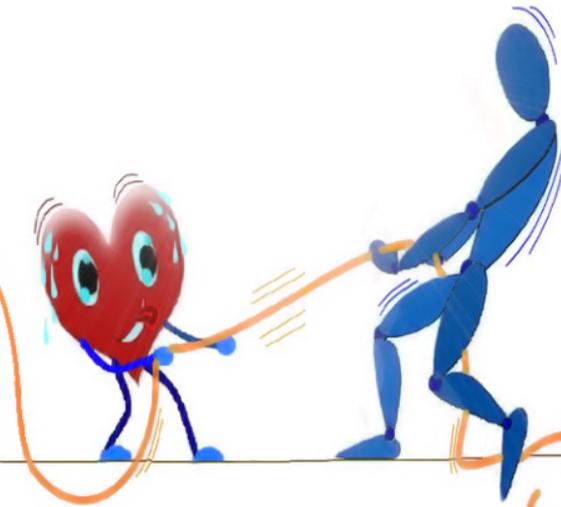


PERCEPCIÓN SUBJETIVA DEL ESFUERZO (PSE)

6,7,8	Muy, muy ligero
9,10,	Muy ligero
10,11	Ligero
12,13	Algo duro
14,15,16	Duro
17,18	Muy duro
18,19,20	Muy, muy duro



The illustration shows a red heart character with a face and blue stick figure arms, and a blue stick figure with a head and blue stick figure arms. They are both pulling on a thick orange rope. The heart character is on the left, and the stick figure is on the right. The rope is taut between them. There are motion lines around the characters and the rope, suggesting movement. A large orange scribble is drawn over the 'Algo duro' row of the table and extends into the illustration area. A blue scribble is drawn at the bottom right of the illustration area. A small logo is visible in the bottom right corner of the illustration area.