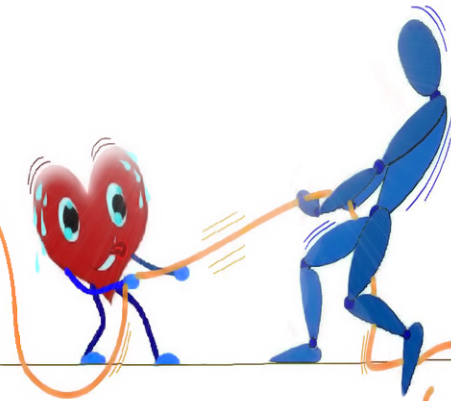


PERCEPCIÓN SUBJETIVA DEL ESFUERZO (PSE)

6,7,8	Muy, muy ligero
9,10,	Muy ligero
10,11	Ligero
12,13	Algo duro
14,15,16	Duro
17,18	Muy duro
18,19,20	Muy, muy duro



The illustration shows a red heart character with a face and blue stick figure arms, and a blue stick figure with a face and blue stick figure arms. They are both pulling on a thick orange rope. The heart character is on the left, and the stick figure is on the right. They are both sweating, indicating physical effort. The rope is taut, and there are motion lines around the characters, suggesting they are in the middle of a strenuous activity. An orange scribble is drawn around the 'Algo duro' (12,13) and 'Duro' (14,15,16) rows of the table, and another orange scribble is drawn around the 'Duro' (14,15,16) and 'Muy duro' (17,18) rows. A blue arrow points to the 'Duro' (14,15,16) row.

