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## How to combine Ozone Therapies with other modalities for maximum efficacy

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### ABSTRACT

#### OPEN ACCESS

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In order to use Bio-Oxidative Therapies effectively, a small shift in thinking is needed. One needs to shift from Disease Literacy to Healing Literacy

This shift in thinking leads to the inevitable conclusion that: Impaired Oxygen Signaling is the common denominator for all disease.

#### Impaired Oxygen Signaling affects:

- O<sub>2</sub> driven energetics
- O<sub>2</sub>'s detergent function
- O<sub>2</sub>'s cellular repair function
- O<sub>2</sub>'s renewal function

It is important to be aware of Oxygen's multiple functions in order to appreciate the importance of the role bio-oxidative therapies play in the reversal of disease conditions.

In fact, no treatment of chronic disease can be complete without addressing ALL Oxygen-related issues relevant to a particular patient.

What are these oxygen related issues that need to be addressed?

There are 4 distinct steps that lead to disease manifestation linked to Oxygen: · Dysfunctional Oxygen Metabolism · Acidosis · Oxidative Coagulation · Oxidized Lymph

Once the above conditions are understood, it becomes clear that combining bio-oxidative therapies with other modalities can improve the outcome of those modalities.

Examples of how to combine therapies to create effective protocols for improved clinical outcome will be discussed.

#### IN SUMMARY

A clear understanding of the Oxygen Model of Disease will enable the practitioner to customize and create innovative combinations for the individual patient.