# Metastatic Versus Osteoporotic Vertebral Fractures on MRI: A Blinded, Multicenter, and Multispecialty Observer Agreement Evaluation

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# ABSTRACT

Background: MRI is assumed to be valid for distinguishing metastatic vertebral fractures (MVFs) from osteoporotic vertebral fractures (OVFs). This study assessed (1) concordance between the imagebased diagnosis of MVF versus OVF and the reference (biopsy or follow-up of >6 months), (2) interobserver and intraobserver agreement on key imaging findings and the diagnosis of MVF versus OVF, and (3) whether disclosing a patient's history of cancer leads to variations in diagnosis, concordance, or agreement. Patients and Methods: This retrospective cohort study included clinical data and imaging from 203 patients with confirmed MVF or OVF provided to 25 clinicians (neurosurgeons, radiologists, orthopedic surgeons, and radiation oncologists). From January 2018 through October 2018, the clinicians interpreted images in conditions as close as possible to routine practice. Each specialist assessed data twice, with a minimum 6-week interval, blinded to assessments made by other clinicians and to their own previous assessments. The kappa statistic was used to assess interobserver and intraobserver agreement on key imaging findings, diagnosis (MVF vs OVF), and concordance with the reference. Subgroup analyses were based on clinicians' specialty, years of experience, and complexity of the hospital where they worked. **Results:** For diagnosis of MVF versus OVF, interobserver agreement was fair, whereas intraobserver agreement was substantial. Only the latter improved to almost perfect when a patient's history of cancer was disclosed. Interobserver agreement for key imaging findings was fair or moderate, whereas intraobserver agreement on key imaging findings was moderate or substantial. Concordance between the diagnosis of MVF versus OVF and the reference was moderate. Results were similar regardless of clinicians' specialty, experience, and hospital category. Conclusions: When MRI is used to distinguish MVF versus OVF, interobserver agreement and concordance with the reference were moderate. These results cast doubt on the reliability of basing such a diagnosis on MRI in routine practice.

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## Background

Nontraumatic vertebral fractures are frequently seen in clinical practice. Most are caused by osteoporosis and are diagnosed as osteoporotic vertebral fractures (OVFs), but metastatic vertebral fractures (MVFs) are also common. Determining whether a vertebral fracture has been caused by MVF or OVF is key for establishing appropriate treatment and prognosis and can have a profound psychological impact on patients. Therefore, the accuracy and reliability of the data used to reach this diagnosis are paramount.

Several imaging findings are frequently used to help distinguish between OVF and MVF.<sup>1,2</sup> Some have been fed into risk-scoring algorithms developed to identify patients at a higher risk of experiencing MVF.<sup>3</sup> To be useful in clinical practice and lead to sound treatment decisions, risk-assessment algorithms should be evidencebased and built on parameters that can be assessed reliably. However, the available risk-scoring algorithms in this field rely on ancillary imaging findings, for which

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\*To view additional members of the Spanish Back Pain Research Network Task Force, see supplemental eAppendix 1 (available with this article at JNCCN.org).

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See page 362 for related commentary.

reliability is unknown. The need to assess their reliability has been previously highlighted.<sup>3,4</sup>

The available scoring systems have been developed based on the interpretation of images by only one observer<sup>1</sup> or on the consensus of readers working in the same institution who tested the validity of their scoring systems with a small number of patients.<sup>2,3</sup> However, in clinical practice, when patients seek care for back pain caused by a nontraumatic vertebral fracture, spine imaging can be assessed by practitioners from an array of specialties, and management of OVF and especially MVF is multidisciplinary.

Therefore, the purpose of this study was to assess among clinicians from different specialties and working in different healthcare centers, in conditions as close as possible to routine clinical practice, (1) concordance between the clinical diagnosis (MVF vs OVF) and the reference (diagnosis established by biopsy or clinical follow-up), (2) interobserver and intraobserver agreement on the diagnosis of MVF versus OVF and on the interpretation of key imaging findings leading to such diagnosis, and (3) whether concordance and agreements improve when clinicians are aware of a patient's history of cancer.

# **Patients and Methods**

This study was approved by the Institutional Review Boards of the participating hospitals and complied with the Guidelines for Reporting Reliability and Agreement Studies.<sup>5</sup> Written informed consent was waived because of the retrospective nature of this study.

### Setting and Participants

Patients and images were selected by a radiologist with 25 years of experience who did not participate in image interpretation. He revised records from his hospital in reverse chronologic order (ie, more recent cases were revised first) and selected cases complying with the inclusion criteria until the sample size was reached. The radiologist then selected 3 images per patient: 2 sagittal images on T1-, T2-, or short inversion time inversion-recovery (STIR)–weighted images, and 1 axial T1-weighted image.

Inclusion criteria were having requested care for a nontraumatic vertebral fracture, and diagnosis of MVF or OVF confirmed through biopsy or clinical follow-up of >6 months. Exclusion criteria were missing clinical history for any of the data required by the readers, and imaging of insufficient quality to assess the spinal levels affected (Figure 1).

A total of 22 hospital departments of radiology, radiation oncology, orthopedic surgery, and neurosurgery were invited to join the study because they had participated in previous spine studies undertaken by the Spanish Back Pain Research Network or had expressed interest in doing so. The hospital departments were located in 18 hospitals across 12 geographic regions; 6 departments were located in 5 private hospitals



Figure 1. Flowchart of the selection process.

Abbreviations: MVF, metastatic vertebral fracture; OVF, osteoporotic vertebral fracture.

and 16 were located in 13 nonprofit hospitals belonging to or working for the Spanish National Health System (SNHS). The SNHS is the tax-funded, government-owned organization that provides free healthcare to every resident in Spain. The SNHS classifies hospitals into 5 categories based on their complexity,<sup>6</sup> with category 1 the simplest and category 5 the most complex. Departments invited to participate in this study were located in category 2 through 5 hospitals.

According to standard procedure in our setting, neither subjects nor clinicians received any compensation for their involvement in this study.

### MRI Evaluation, Reporting, and Interpretation

All images were acquired on 4 1.5T MRI systems, using similar sequences (supplemental eTable 1, available with this article at JNCCN.org).

The recruiting radiologist prepared an information pack on each patient containing 3 images and a clinical vignette summarizing the patient's age, oncologic history, and clinical signs and symptoms.7 Patient identity was masked and a code was assigned to each pack. All packs were uploaded to an online platform designed for this study (http://www.typeform.com/). The 3 images included 2 sagittal images on T1-, T2-, or STIR-weighted images and 1 axial T1-weighted image. The radiologist segmented the selected images so that readers were shown the index vertebral segment, the one immediately above, and the one immediately below. In the case of patients showing vertebral fractures at several levels, the radiologist defined the index as the one showing a recent fracture, at the level for which the patient had requested care, and that was subject to biopsy or clinical follow-up for >6 months.

MRI findings assessed in this study were selected through a literature review<sup>1,2</sup> and are shown in supplemental

eTable 2. They include those findings used to calculate the MRI Evaluation Totalizing Assessment (META) score.<sup>1</sup> The readers assessed all MRI images on their own, prospectively, from January 2018 through October 2018, using an in-house online MRI interpretation system. No attempt was made to homogenize their diagnostic criteria or interpretation of images. Readers were told to use their own clinical judgment as they would in routine clinical practice and to upload the report directly onto the online platform. After they assessed the imaging findings, readers were requested to state their diagnosis ("MVF" vs "OVF"). Finally, after the patient's cancer history was disclosed, readers were given the opportunity to modify their diagnosis (Figure 2), and modifications were recorded.

Readers assessed each information pack twice, with a minimum 6-week interval between the 2 rounds. After the information from the first round was uploaded, the platform software made it impossible for readers to access it again until the interval had elapsed. It also denied access to colleagues' reports and to their own previous reports.

Data introduced into the platform were automatically converted into a spreadsheet. The software engineer in charge of developing the platform cross-checked to ensure that data in the database matched the information that readers had introduced into the platform.

## Statistical Analysis

To assess interobserver and intraobserver agreement, ratings from each observer were cross-tabulated, and agreement was measured using the kappa statistic ( $\kappa$ ) with the corresponding 95% confidence interval for interobserver agreement and the percentiles 25 and 75 (interquartile range [IQR], p25–p75) for intraobserver

agreement. Kappa values were categorized as reflecting an "almost perfect" (0.81–1.00), "substantial" (0.61–0.80), "moderate" (0.41–0.60), "fair" (0.21–0.40), "slight" (0.00–0.20), or "poor" (<0.00) agreement.<sup>8</sup>

The association between the diagnosis (MVF vs OVF) before and after readers were aware of a patient's cancer history was based on the assessments made during the first round. Diagnostic accuracy was defined as the concordance between each reader's diagnosis at the first round (MVF vs OVF) and the reference diagnosis. Concordance was measured using the kappa statistic. In a subgroup analysis, diagnostic accuracy was measured separately for subjects who presented and did not present previous fractures on imaging.

Sample size was estimated at 203 patients with vertebral fractures, assuming that (1) vertebral fractures would be caused by MVF in 25% to 30% of cases,<sup>9</sup> (2) the minimal number of assessments to be compared would be 2 (for intraobserver agreement), and (3) the kappa index would be  $\ge 0.7$  with a confidence margin of 0.10 on each side.

## Results

All 22 hospital departments invited to join the study accepted, and 25 clinicians from these departments participated: 9 radiologists, 4 radiation oncologists, 5 orthopedic surgeons, and 7 neurosurgeons (Table 1). The number of years (after residency) that the clinicians had been interpreting spine MRIs in routine practice on a daily basis ranged from 4 to 35 years. Table 1 also shows the characteristics of the 203 patients whose clinical histories and images were selected for the study and of the 25 readers who interpreted their data.



Figure 2. Sample imaging finding.

Abbreviations: MVF, metastatic vertebral fracture; OVF, osteoporotic vertebral fracture; STIR, short inversion time inversion-recovery.

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No         132 (65)           Yes         71 (35)           Location of previous spine fracture         Thoracic           Thoracic         36 (50.7)           Lumbar         35 (49.3)           Primary malignancies         20 (35.7)           Breast         16 (28.5)           Colon         8 (14.3)           Lymphoma or myeloma         4 (7.1)           Other         8 (14.3)           Eventers         25           Specialty         2           Radiology         9 (36.0)           Radiation oncology         4 (16.0)           Orthopedic surgery         5 (20.0)           Neurosurgery         7 (28.0)           Years of experience (postresidency), y         ≤           ≤1         7 (30.1)           ≥14         11 (37.4)           Hospital category (complexity) <sup>b</sup> 3 (3.6)           3         7 (30.1)           4         7 (22.9)           5 (most complex)         8 (42.4)	Previous spine fractures			
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Location of previous spine fracture         36 (50.7)           Lumbar         35 (49.3)           Primary malignancies         10 (28.5)           Lung         20 (35.7)           Breast         16 (28.5)           Colon         8 (14.3)           Lymphoma or myeloma         4 (7.1)           Other         8 (14.3)           Eveders         25           Specialty         25           Radiology         9 (36.0)           Radiation oncology         4 (16.0)           Orthopedic surgery         5 (20.0)           Neurosurgery         7 (28.0)           Years of experience (postresidency), y         27           alial         7 (30.1)           alial         11 (37.4)           Hospital category (complexity) <sup>b</sup> 3 (3.6)           alial         7 (30.1)           alial         7 (30.1)	Yes	71 (35)		
Thoracic         36 (50.7)           Lumbar         35 (49.3)           Primary malignancies         100 (35.7)           Breast         16 (28.5)           Colon         8 (14.3)           Lymphoma or myeloma         4 (7.1)           Other         8 (14.3)           Eventors         8 (14.3)           Total, N         25           Specialty         20 (35.7)           Radiology         9 (36.0)           Radiation oncology         4 (16.0)           Orthopedic surgery         5 (20.0)           Neurosurgery         7 (32.5)           8-13         7 (30.1)           ≥14         11 (37.4)           Hospital category (complexity) <sup>b</sup> 3 (3.6)           3         7 (30.1)           4         7 (22.9)           5 (most complex)         8 (42.4)	Location of previous spine fracture			
Lumbar         35 (49.3)           Primary malignancies         20 (35.7)           Breast         16 (28.5)           Colon         8 (14.3)           Lymphoma or myeloma         4 (7.1)           Other         8 (14.3)           Readers         8 (14.3)           Total, N         25           Specialty         25           Radiology         9 (36.0)           Radiation oncology         4 (16.0)           Orthopedic surgery         5 (20.0)           Neurosurgery         7 (28.0)           Years of experience (postresidency), y         27           §-13         7 (30.1)           ≥14         11 (37.4)           Hospital category (complexity) <sup>b</sup> 3 (3.6)           3         7 (30.1)           4         7 (22.9)           5 (most complex)         8 (42.4)	Thoracic	36 (50.7)		
Primary malignancies Lung 20 (35.7) Breast 16 (28.5) Colon 8 (14.3) Lymphoma or myeloma 4 (7.1) Other 8 (14.3) <b>Readers</b> Total, N 25 Specialty Radiology 9 (36.0) Radiation oncology 4 (16.0) Orthopedic surgery 5 (20.0) Neurosurgery 7 (28.0) Years of experience (postresidency), y ≤7 7 (32.5) 8–13 7 (30.1) ≥14 11 (37.4) Hospital category (complexity) <sup>b</sup> 2 (30.6) 3 (3.6) 3 (3.6) 3 (3.6) 3 (3.6) 5 (most complex) 8 (42.4)	Lumbar	35 (49.3)		
Lung         20 (35.7)           Breast         16 (28.5)           Colon         8 (14.3)           Lymphoma or myeloma         4 (7.1)           Other         8 (14.3)           Readers           Total, N         25           Specialty         25           Radiology         9 (36.0)           Radiation oncology         4 (16.0)           Orthopedic surgery         5 (20.0)           Neurosurgery         7 (28.0)           Years of experience (postresidency), y         ≤           ≤7         7 (32.5)           8–13         7 (30.1)           ≥14         11 (37.4)           Hospital category (complexity) <sup>b</sup> 3 (3.6)           3         7 (30.1)           4         7 (22.9)           5 (most complex)         8 (42.4)	Primary malignancies			
Breast       16 (28.5)         Colon       8 (14.3)         Lymphoma or myeloma       4 (7.1)         Other       8 (14.3)         Readers         Total, N       25         Specialty       25         Radiology       9 (36.0)         Radiation oncology       4 (16.0)         Orthopedic surgery       5 (20.0)         Neurosurgery       5 (20.0)         Vears of experience (postresidency), y       7 (28.0)         Years of experience (postresidency), y       214         11 (37.4)       11 (37.4)         Hospital category (complexity) <sup>b</sup> 3 (3.6)         3       7 (30.1)         4       7 (22.9)         5 (most complex)       8 (42.4)	Lung	20 (35.7)		
Colon         8 (14.3)           Lymphoma or myeloma         4 (7.1)           Other         8 (14.3)           Readers           Total, N         25           Specialty         25           Radiology         9 (36.0)           Radiation oncology         4 (16.0)           Orthopedic surgery         5 (20.0)           Neurosurgery         7 (28.0)           Years of experience (postresidency), y         =           27         7 (32.5)           8-13         7 (30.1)           >14         11 (37.4)           Hospital category (complexity) <sup>b</sup> 3 (3.6)           3         7 (30.1)           4         7 (22.9)           5 (most complex)         8 (42.4)	Breast	16 (28.5)		
Lymphoma or myeloma         4 (7.1)           Other         8 (14.3)           Readers           Total, N         25           Specialty         25           Radiation oncology         9 (36.0)           Radiation oncology         4 (16.0)           Orthopedic surgery         5 (20.0)           Neurosurgery         7 (28.0)           Years of experience (postresidency), y         5           \$=13         7 (30.1)           \$=14         11 (37.4)           Hospital category (complexity) <sup>b</sup> 3 (3.6)           \$=1         7 (30.1)           \$=1         7 (30.1)           \$=1         7 (30.1)           \$=1         7 (30.1)           \$=1         7 (30.1)	Colon	8 (14.3)		
Other         8 (14.3)           Readers           Total, N         25           Specialty         25           Radiology         9 (36.0)           Radiation oncology         4 (16.0)           Orthopedic surgery         5 (20.0)           Neurosurgery         7 (28.0)           Years of experience (postresidency), y         2           ≤7         7 (32.5)           8–13         7 (30.1)           ≥14         11 (37.4)           Hospital category (complexity) <sup>b</sup> 2           2         3 (3.6)           3         7 (30.1)           4         7 (22.9)           5 (most complex)         8 (42.4)	Lymphoma or myeloma	4 (7.1)		
Readers           Total, N         25           Specialty         25           Radiology         9 (36.0)           Radiation oncology         4 (16.0)           Orthopedic surgery         5 (20.0)           Neurosurgery         7 (28.0)           Years of experience (postresidency), y         7 (32.5)           8-13         7 (30.1)           >14         11 (37.4)           Hospital category (complexity) <sup>b</sup> 3 (3.6)           3         7 (30.1)           4         7 (22.9)           5 (most complex)         8 (42.4)	Other	8 (14.3)		
Total, N     25       Specialty     Radiology     9 (36.0)       Radiation oncology     4 (16.0)       Orthopedic surgery     5 (20.0)       Neurosurgery     7 (28.0)       Years of experience (postresidency), y     5       ≤7     7 (32.5)       8–13     7 (30.1)       ≥14     11 (37.4)       Hospital category (complexity) <sup>b</sup> 2       2     3 (3.6)       3     7 (30.1)       4     7 (22.9)       5 (most complex)     8 (42.4)	Readers			
Specialty Radiology 9 (36.0) Radiation oncology 4 (16.0) Orthopedic surgery 5 (20.0) Neurosurgery 7 (28.0) Years of experience (postresidency), y =7 7 (32.5) 8–13 7 (30.1) =14 11 (37.4) Hospital category (complexity) <sup>b</sup> 2 3 (3.6) 3 7 (30.1) 4 7 (22.9) 5 (most complex) 8 (42.4)	Total, N	25		
Radiology       9 (36.0)         Radiation oncology       4 (16.0)         Orthopedic surgery       5 (20.0)         Neurosurgery       7 (28.0)         Years of experience (postresidency), y $=77$ (32.5)         8–13       7 (30.1) $\geq 14$ 11 (37.4)         Hospital category (complexity) <sup>b</sup> $=3$ (3.6)         3       7 (30.1)         4       7 (22.9)         5 (most complex) $=8$ (42.4)	Specialty			
Radiation oncology4 (16.0)Orthopedic surgery5 (20.0)Neurosurgery7 (28.0)Years of experience (postresidency), y $\leq 7$ 7 (32.5) $8-13$ 7 (30.1) $\geq 14$ 11 (37.4)Hospital category (complexity) <sup>b</sup> $2$ 3 (3.6) $3$ 7 (30.1) $4$ 7 (22.9) $5$ (most complex)8 (42.4)	Radiology	9 (36.0)		
Orthopedic surgery       5 (20.0)         Neurosurgery       7 (28.0)         Years of experience (postresidency), y $\leq$ $\leq$ 7       7 (32.5)         8–13       7 (30.1) $\geq$ 14       11 (37.4)         Hospital category (complexity) <sup>b</sup> $2$ 3       7 (30.1)         4       7 (22.9)         5 (most complex)       8 (42.4)	Radiation oncology	4 (16.0)		
Neurosurgery       7 (28.0)         Years of experience (postresidency), y $\leq 7$ 7 (32.5)         8-13       7 (30.1) $\geq 14$ 11 (37.4)         Hospital category (complexity) <sup>b</sup> 2         2       3 (3.6)         3       7 (30.1)         4       7 (22.9)         5 (most complex)       8 (42.4)	Orthopedic surgery	5 (20.0)		
Years of experience (postresidency), y $\leq 7$ 7 (32.5) $8-13$ 7 (30.1) $\geq 14$ 11 (37.4)         Hospital category (complexity) <sup>b</sup> 2         2       3 (3.6)         3       7 (30.1)         4       7 (22.9)         5 (most complex)       8 (42.4)	Neurosurgery	7 (28.0)		
$\leq 7$ 7 (32.5)         8-13       7 (30.1) $\geq 14$ 11 (37.4)         Hospital category (complexity) <sup>b</sup> 2         2       3 (3.6)         3       7 (30.1)         4       7 (22.9)         5 (most complex)       8 (42.4)	Years of experience (postresidency), y			
8-13       7 (30.1) $\geq 14$ 11 (37.4)         Hospital category (complexity) <sup>b</sup> 2         2       3 (3.6)         3       7 (30.1)         4       7 (22.9)         5 (most complex)       8 (42.4)	≤7	7 (32.5)		
<ul> <li>≥14</li> <li>Hospital category (complexity)<sup>b</sup></li> <li>2</li> <li>3 (3.6)</li> <li>3</li> <li>7 (30.1)</li> <li>4</li> <li>7 (22.9)</li> <li>5 (most complex)</li> <li>8 (42.4)</li> </ul>	8–13	7 (30.1)		
Hospital category (complexity) <sup>b</sup> 2       3 (3.6)         3       7 (30.1)         4       7 (22.9)         5 (most complex)       8 (42.4)	≥14	11 (37.4)		
2 3 (3.6) 3 7 (30.1) 4 7 (22.9) 5 (most complex) 8 (42.4)	Hospital category (complexity) <sup>b</sup>			
3 7 (30.1) 4 7 (22.9) 5 (most complex) 8 (42.4)	2	3 (3.6)		
4 7 (22.9) 5 (most complex) 8 (42.4)	3	7 (30.1)		
5 (most complex) 8 (12 1)	4	7 (22.9)		
5 (most complex) 0 (43.4)	5 (most complex)	8 (43.4)		

(continued)

Table 1. Sample Characteristics (cont.)			
Characteristic n (%)			
Hospitals			
Total, N	18		
Management			
Nonprofit <sup>c</sup>	13 (72.2)		
For-profit <sup>d</sup>	5 (27.8)		
Departments, N	22		
Radiology	8 (40.0)		
Radiation oncology	4 (20.0)		
Orthopedic surgery	3 (15.0)		
Neurosurgery	7 (25.0)		

Abbreviations: MVF, metastatic vertebral fracture; OVF, osteoporotic vertebral fracture; SNHS, Spanish National Health System.

<sup>a</sup>Diagnosis established by the reference (biopsy or follow-up >6 months). <sup>b</sup>Based on size, availability of high-tech medical equipment and procedures, and degree of educational activity. No readers from category 1 hospitals (simplest) were included in this study.

Belonging to and managed by the SNHS, or belonging to or managed by charities working for the SNHS.

<sup>d</sup>Privately owned and managed.

As Table 2 shows, interobserver agreement in the diagnosis of MVF versus OVF was fair ( $\kappa$ , 0.397; 95% CI, 0.347–0.450) when the reader was unaware of the patient's history of cancer. When the patient's history of cancer was disclosed, the agreement increased to moderate ( $\kappa$ , 0.467; 95% CI, 0.418–0.518).

Intraobserver agreement on the diagnosis of MVF versus OVF was substantial ( $\kappa$ , 0.624; IQR, 0.517–0.693), and improved to almost perfect after the patient's history of cancer was disclosed ( $\kappa$ , 0.878; IQR, 0.781–0.939 and  $\kappa$ , 0.851; IQR, 0.779–0.948 at the first and second rounds, respectively). This increase in agreement was observed across all clinical specialties, with orthopedic surgery showing the highest increase (from  $\kappa$ , 0.588; IQR, 0.509–0.595 to  $\kappa$ , 0.917; IQR, 0.859–0.959) (Table 3).

Interobserver agreement was moderate on "depositlike appearance of pedicle involvement" and "bulging posterior cortex" and fair on all the other imaging findings (supplemental eTable 3). Agreement among radiologists was moderate for most imaging findings, but no consistent differences were found among clinical specialties (supplemental eTable 3).

Intraobserver agreement on individual imaging findings ranged from moderate to substantial and was similar across clinical specialties (supplemental eTable 4).

After being informed of a patient's clinical history of cancer, the readers modified the diagnosis (MVF vs OVF) of 142 patients (69.5%). All the readers modified the diagnosis of at least 1 patient (range of number of patients for whom each clinician changed the diagnosis, 1–39). Among the 5,075 assessments made by the 25 readers using the 203 images, the previous diagnosis was changed in

Table 2. Interobserver Agreement				
	Kappa (95% CI)			
All readers (n=25)				
Diagnosis of OVF vs MVF (before disclosing history of cancer)	0.397 (0.347–0.450)			
Pattern of signal abnormalities	0.396 (0.349–0.445)			
Horizontal fracture line	0.220 (0.177–0.266)			
Deposit-like appearance of pedicle involvement	0.447 (0.395–0.501)			
Bulging posterior cortex	0.426 (0.383–0.472)			
Posterosuperior retropulsion	0.319 (0.280–0.359)			
Symmetry of signal intensity changes	0.270 (0.230–0.312)			
Diagnosis of OVF vs MVF (after disclosing history of cancer)	0.467 (0.418–0.518)			
Radiology (n=9)				
Diagnosis of OVF vs MVF (before disclosing history of cancer)	0.508 (0.446–0.573)			
Diagnosis of OVF vs MVF (after disclosing history of cancer)	0.574 (0.518–0.633)			
Neurosurgery (n=7)				
Diagnosis of OVF vs MVF (before disclosing history of cancer)	0.364 (0.305–0.425)			
Diagnosis of OVF vs MVF (after disclosing history of cancer)	0.456 (0.397–0.518)			
Orthopedic surgery (n=5)				
Diagnosis of OVF vs MVF (before disclosing history of cancer)	0.342 (0.275–0.411)			
Diagnosis of OVF vs MVF (after disclosing history of cancer)	0.370 (0.303–0.438)			
Radiation oncology (n=4)				
Diagnosis of OVF vs MVF (before disclosing history of cancer)	0.321 (0.256–0.389)			
Diagnosis of OVF vs MVF (after disclosing history of cancer)	0.394 (0.325–0.465)			

Abbreviations: MVF, metastatic vertebral fracture; OVF, osteoporotic vertebral fracture.

5.0% of the patients without a history of cancer versus 10.8% of those with a history of cancer (chi-square, P<.001).

Before readers were aware of a patient's clinical history of cancer, concordance of their diagnosis with the reference was moderate ( $\kappa$ , 0.437; IQR, 0.326–0.511). Having access to a patient's history only marginally improved concordance ( $\kappa$ , 0.443; IQR, 0.398–0.526). Diagnostic accuracy was only fair for orthopedic surgeons, whereas it was moderate for all other specialties. However, differences in  $\kappa$  values were minimal, and the IQR values overlapped. Diagnostic accuracy was very similar regardless of years of professional experience and category of hospital (supplemental eTable 5).

Concordance with the reference for subjects without images of preexisting fractures was  $\kappa$ =0.452 (IQR, 0.387–0.509) before the clinical history of cancer was disclosed and  $\kappa$ =0.462 (IQR, 0.407–0.570) after it was

disclosed. For subjects with preexisting fractures, these values were  $\kappa$ =0.286 (IQR, 0.183–0.396) and  $\kappa$ =0.331 (IQR, 0.219–0.368), respectively (supplemental eTable 6).

## Discussion

In routine practice, the suspicion of MVF or OVF is based on clinical history and imaging. Our findings showed that interobserver agreement was fair and that diagnostic accuracy was moderate.

This is the first study to analyze the reliability of the diagnosis of MVF versus OVF using a large multidisciplinary team of readers working in different healthcare centers and assessing diagnostic accuracy against a reference. It was conducted in conditions as close as possible to routine clinical practice; readers were provided with actual clinical histories.<sup>10</sup> Because no instructions, scoring systems, or meetings were implemented to improve agreement,<sup>11–13</sup> clinicians had to make their diagnosis on their own based on data from clinical history and imaging, with common heuristics and biases.<sup>14</sup> All of these factors may account for differences between the results of this study and the almost perfect agreement reported by the medical professionals who developed the META score ( $\kappa$ , 0.93),<sup>1</sup> which previous studies have shown to not be reproducible.<sup>15</sup>

In this study, readers were experts who had been managing vertebral fractures and interpreting spine imaging for up to 35 years, had participated in previous research in this field, and felt confident enough to volunteer for a study assessing their interpretation of spine images. Diagnostic accuracy was very similar across clinical specialties, readers' experience, and hospital category and was consistent with results from the few previous studies that analyzed the reproducibility of single imaging findings and the META score.<sup>1,15</sup> Therefore, fair interobserver agreement and moderate diagnostic accuracy may be the best that can be realistically expected when using MRI to distinguish MVF versus OVF in routine practice, simply because with current technology, images of MVF and OVF are sometimes indistinguishable.<sup>16,17</sup> For instance, "bulging posterior cortex" was one of the imaging findings with the best interobserver agreement found in this and previous studies, and specifically, expansion of the posterior aspect of the vertebral contour is associated with malignant fractures.<sup>18</sup> However, it can also be observed in benign OVFs, especially in acute posttraumatic fractures.<sup>16</sup>

The low reproducibility of imaging findings challenges the validity of purportedly evidence-based decision support systems based on them.<sup>2</sup> In fact, a decision system based on unreliable findings can be detrimental.<sup>3</sup> The degree of agreement found in this and previous studies would classify MRI as class II for diagnosing MVF versus OVF and as class III for assessing individual imaging findings.<sup>19</sup>

In general, disclosing accurate clinical data slightly increases the accuracy of diagnostic tests.<sup>20</sup> For imaging

lab	le 3. Intraobserver Agreement				
		Median Kappa (IQR)			
All readers (n=25)					
Dia dia his	agnosis of OVF vs MVF (agreement between agnosis in both rounds, before disclosing story of cancer)ª	0.624 (0.517–0.693)			
Pa	ttern of signal abnormalities	0.660 (0.555–0.762)			
Ho	prizontal fracture line	0.535 (0.457–0.683)			
De inv	eposit-like appearance of pedicle volvement	0.653 (0.549–0.732)			
Bu	lging posterior cortex	0.715 (0.618–0.824)			
Po	sterosuperior retropulsion	0.673 (0.592–0.731)			
Sy	mmetry of signal intensity changes	0.489 (0.402–0.646)			
Dia an roi	agnosis of OVF vs MVF (agreement before d after disclosing history of cancer), first und <sup>5</sup>	0.878 (0.781–0.939)			
Dia an roi	agnosis of OVF vs MVF (agreement before d after disclosing history of cancer), second und <sup>c</sup>	0.851 (0.779–0.948)			
Radio	ology (n=9)				
Dia dia his	agnosis of OVF vs MVF (agreement between agnosis in both rounds, before disclosing story of cancer)ª	0.652 (0.630–0.733)			
Dia an roi	agnosis of OVF vs MVF (agreement before d after disclosing history of cancer), first und <sup>5</sup>	0.867 (0.805–0.881)			
Dia an roi	agnosis of OVF vs MVF (agreement before d after disclosing history of cancer), second und <sup>c</sup>	0.845 (0.779–0.870)			
Neur	osurgery (n=7)				
Dia dia his	agnosis of OVF vs MVF (agreement between agnosis in both rounds, before disclosing story of cancer) <sup>a</sup>	0.550 (0.483–0.693)			
Dia an roi	agnosis of OVF vs MVF (agreement before d after disclosing history of cancer), first und <sup>5</sup>	0.877 (0.713–0.979)			
Dia an roi	agnosis of OVF vs MVF (agreement before d after disclosing history of cancer), second und <sup>c</sup>	0.948 (0.832–1.000)			

(continued)

procedures, some studies have suggested that accurate data disclosure decreases the interpretative performance,<sup>21</sup> whereas others have denied any negative consequences.<sup>22</sup> In our study, disclosing a patient's cancer history had no significant impact on interobserver agreement or diagnostic accuracy, but increased intraobserver agreement significantly and led to changes in the diagnosis of MVF versus OVF in 69.5% of the cases.

Diagnostic performance was similar across specialties. This is consistent with previous studies on the interpretation of spine imaging.<sup>23–26</sup> For patients with metastatic spine disease, surgeons' assessment of imaging is often considered the reference for referral to surgery.27 However, no significant differences existed across surgical and nonsurgical specialties when

# Table 3. Intraobserver Agreement (cont.)

	Median Kappa (IQR)
Orthopedic surgery (n=5)	
Diagnosis of OVF vs MVF (agreement betwee diagnosis in both rounds, before disclosing history of cancer) <sup>a</sup>	en 0.588 (0.509–0.595)
Diagnosis of OVF vs MVF (agreement before and after disclosing history of cancer), first round <sup>b</sup>	0.917 (0.859–0.959)
Diagnosis of OVF vs MVF (agreement before and after disclosing history of cancer), secon- round <sup>e</sup>	e 0.880 (0.871–0.930) d
Radiation oncology (n=4)	
Diagnosis of OVF vs MVF (agreement betwee diagnosis in both rounds, before disclosing history of cancer) <sup>a</sup>	en 0.618 (0.575–0.683)
Diagnosis of OVF vs MVF (agreement before and after disclosing history of cancer), first round <sup>b</sup>	0.912 (0.706–0.958)
Diagnosis of OVF vs MVF (agreement before and after disclosing history of cancer), secon- round <sup>e</sup>	e 0.761 (0.581–0.921) d

Abbreviations: IQR, interquartile range; MVF, metastatic vertebral fracture; OVF, osteoporotic vertebral fracture.

<sup>a</sup>This kappa value reflects the agreement between the diagnosis established by the same reader based on the same images, at the first and second rounds (in both cases, before being aware of patient's history of cancer).

<sup>b</sup>This kappa value reflects the agreement between the diagnosis established by the same reader based on the same images at the first round, before and after being aware of patient's cancer history.

<sup>c</sup>This kappa value reflects the agreement between the diagnosis established by the same reader based on the same images at the second round, before and after being aware of patient's cancer history.

these clinicians assessed the spinal instability score.<sup>28</sup> No patient was excluded due to sclerotic metastases, previous trauma history, or myeloma, in which vertebral signal intensity changes are misleading.16,17 Interobserver agreement and diagnostic accuracy may be different for patients showing these findings.

This study has several limitations. The cases analyzed were selected by a radiologist and were not a random sample. These conditions were necessary to select a sample with the desired proportion of cases with MVF confirmed by a reference and is common practice in agreement studies on imaging or concordance.13,26 In this study, readers only assessed 3 images, whereas in clinical practice physicians review multiple images. This rule was decided at the design phase of the study to enhance participation. Moreover, it is common practice in agreement studies to restrict the number of images to the most relevant or potentially confounding ones.12,28 None of the selected cases showed findings highly suggestive of malignancy, such as soft tissue mass, which commonly lead to higher agreement between orthopedic surgeons and radiologists.<sup>29</sup> Therefore, it is possible that agreement would have been higher if a number of patients included in the study had shown these findings. However, this study aimed to assess agreement in

conditions as close as possible to clinical practice, and inclusion criteria did not require any specific finding. The classification of imaging findings did not follow the categories established by the META score. This condition was decided at the design phase of the study because these categories have been shown to be unreliable.<sup>15</sup> Using different image sequences may lead to different results. However, MR imaging sequences are not widely available,<sup>17</sup> and were therefore considered inappropriate for a study replicating routine practice as closely as possible. Nevertheless, future studies should explore the impact of different image sequences on agreement and diagnostic accuracy.<sup>17</sup>

### Conclusions

Diagnostic accuracy and interobserver agreement on the assessment of OVF versus MVF is moderate at best, irrespective of medical or surgical specialty, years of clinical

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experience, or hospital type. This result casts doubt on the reliability of using MRI findings together with clinical history as the basis for distinguishing OVF from MVF in routine clinical practice or multicenter studies.

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# Metastatic Versus Osteoporotic Vertebral Fractures on MRI: A Blinded, Multicenter, and Multispecialty Observer Agreement Evaluation

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- eTable 1: Sequences for MRI Examinations
- eTable 2: Imaging Findings Assessed
- eTable 3: Interobserver Agreement on Imaging Findings
- eTable 4: Intraobserver Agreement on Imaging Findings
- eTable 5: Diagnostic Accuracy
- eTable 6: Diagnostic Accuracy Depending on Presence of Preexisting Fractures and Disclosure of Clinical History
- eAppendix 1: Members of the Spanish Back Pain Research Network Task Force for the Improvement of Inter-Disciplinary Management of Spinal Metastasis

eTable 1. Sequences for MRI Examinations							
Pulse Sequence	TR/TE (ms)	FOV (mm)	МАХ	NAV	Thickness (mm)	Comments	
Localizer	30/10	400	128  imes 128	1	10	Flip angle 50°	Gradient echo
Sagittal T1	440-550/14-20	270	156–307 × 192–512	2	4	1.3–0.4 mm gap	Spin-echo
Sagittal T2	3,300–2,896/102.9–120	270	156–307 × 192–512	2	4	1.3–0.4 mm gap	Turbo spin-echo imaging, 12-echo train length
Sagittal STIR	3,000/45/150 (inversion time)	270	156–307 × 192–512	2	4–6	1.3–0.4 mm gap	Turbo spin-echo imaging, 12-echo train length
Axial T2	3,040–2,896/103–120	180	224–190 × 256–512	3	4	0.4 mm gap	Turbo spin-echo imaging, 5-echo train length

Abbreviations: FOV, field of view; MAX, matrix; NAV, number of signals acquired; STIR, short inversion time inversion-recovery; TE, echo time; TR, repetition time.

eTable 2. Imaging Findings Assessed	
Imaging Finding	Possible Values
Pattern of signal abnormalities (pattern of replacement of normal vertebral signal with bone marrow edema)	"Partially or completely" vs "showing a bandlike pattern"
Horizontal fracture line on fluid-sensitive sequence (STIR) or T2-weighted images	"Yes" vs "no"
Deposit-like appearance of pedicle involvement	"Yes" vs "no"
Convexity of posterior vertebral body border (bulging posterior cortex)	"Yes" vs "no"
Posterosuperior retropulsion	"Yes" vs "no"
Symmetry of signal intensity changes	"Symmetrical" vs "asymmetrical"

Abbreviation: STIR, short inversion time inversion-recovery.

# eTable 3. Interobserver Agreement on Imaging Findings

		Kappa (95% Cl)		
Radiology (n=9)				
Pattern of signal at	Pattern of signal abnormalities		3)	
Horizontal fracture	Horizontal fracture line		<u>2)</u>	
Deposit-like appea involvement	rance of pedicle	0.476 (0.422–0.534	L)	
Bulging posterior o	ortex	0.602 (0.545–0.661	)	
Posterosuperior ret	tropulsion	0.367 (0.312-0.424	ł)	
Symmetry of signal	intensity changes	0.277 (0.229–0.327	7)	
Neurosurgery (n=7)				
Pattern of signal at	onormalities	0.428 (0.365–0.495	5)	
Horizontal fracture	line	0.130 (0.087–0.176	5)	
Deposit-like appea involvement	rance of pedicle	0.473 (0.409–0.539	?)	
Bulging posterior o	ortex	0.400 (0.339–0.464	L)	
Posterosuperior ret	tropulsion	0.445 (0.390–0.502	<u>2)</u>	
Symmetry of signal	intensity changes	0.267 (0.213–0.324	L)	
Orthopedic surgery (n=5)				
Pattern of signal at	onormalities	0.327 (0.270-0.386	5)	
Horizontal fracture	line	0.198 (0.145–0.253	3)	
Deposit-like appea involvement	rance of pedicle	0.412 (0.340–0.487	7)	
Bulging posterior o	ortex	0.104 (0.064–0.144	L)	
Posterosuperior ret	tropulsion	0.533 (0.467–0.602	2)	
Symmetry of signal	intensity changes	0.163 (0.109–0.219	P)	
Radiation oncology (r	n=4)			
Pattern of signal at	onormalities	0.355 (0.280-0.433	3)	
Horizontal fracture	line	0.326 (0.242-0.412	2)	
Deposit-like appea involvement	rance of pedicle	0.416 (0.341–0.493	3)	
Bulging posterior o	cortex	0.635 (0.561–0.711	)	
Posterosuperior ret	tropulsion	0.101 (0.047–0.155	5)	
Symmetry of signal	intensity changes	0.388 (0.314-0.465	5)	

# eTable 4. Intraobserver Agreement on Imaging Findings

		Median Kappa (IQR)			
Ra	Radiology (n=9)				
	Pattern of signal abnormalities	0.722 (0.606–0.764)			
	Horizontal fracture line	0.639 (0.472–0.721)			
	Deposit-like appearance of pedicle involvement	0.707 (0.624–0.732)			
	Bulging posterior cortex	0.768 (0.640–0.800)			
	Posterosuperior retropulsion	0.673 (0.624–0.731)			
	Symmetry of signal intensity changes	0.575 (0.383–0.646)			
N	eurosurgery (n=7)				
	Pattern of signal abnormalities	0.754 (0.533–0.894)			
	Horizontal fracture line	0.657 (0.458–0.914)			
	Deposit-like appearance of pedicle involvement	0.653 (0.527–0.914)			
	Bulging posterior cortex	0.844 (0.495–0.969)			
	Posterosuperior retropulsion	0.689 (0.617–0.941)			
	Symmetry of signal intensity changes	0.597 (0.402–0.902)			
0	rthopedic surgery (n=5)				
	Pattern of signal abnormalities	0.549 (0.510–0.555)			
	Horizontal fracture line	0.457 (0.399–0.515)			
	Deposit-like appearance of pedicle involvement	0.504 (0.460–0.549)			
	Bulging posterior cortex	0.682 (0.618–0.693)			
	Posterosuperior retropulsion	0.712 (0.587–0.719)			
	Symmetry of signal intensity changes	0.409 (0.360–0.460)			
Ra	adiation oncology (n=4)				
	Pattern of signal abnormalities	0.646 (0.603–0.808)			
	Horizontal fracture line	0.486 (0.433– 0.712)			
	Deposit-like appearance of pedicle involvement	0.666 (0.592–0.797)			
	Bulging posterior cortex	0.724 (0.639–0.846)			
	Posterosuperior retropulsion	0.586 (0.429–0.775)			
	Symmetry of signal intensity changes	0.584 (0.517–0.753)			

Abbreviation: IQR, interquartile range.

eTable 5. Diagnostic Accuracy <sup>a</sup>					
	Ν	Median Kappa (IQR)			
All readers					
Cancer history undisclosed	25	0.437 (0.326–0.511)			
Cancer history disclosed	25	0.443 (0.398–0.526)			
Specialty					
Neurosurgery					
Cancer history undisclosed	7	0.327 (0.230–0.511)			
Cancer history disclosed	7	0.411 (0.314–0.534)			
Radiation oncology					
Cancer history undisclosed	4	0.446 (0.348–0.507)			
Cancer history disclosed	4	0.435 (0.354–0.490)			
Orthopedic surgery					
Cancer history undisclosed	5	0.368 (0.325–0.445)			
Cancer history disclosed	5	0.398 (0.311–0.444)			
Radiology					
Cancer history undisclosed	9	0.437 (0.414–0.525)			
Cancer history disclosed	9	0.484 (0.443–0.526)			
Hospital category (complexity) <sup>b</sup>					
Category 2					
Cancer history undisclosed	2	0.381 (0.325–0.437)			
Cancer history disclosed	2	0.372 (0.311–0.433)			
Category 3					
Cancer history undisclosed	9	0.470 (0.403–0.525)			
Cancer history disclosed	9	0.484 (0.410–0.534)			
Category 4					
Cancer history undisclosed	7	0.445 (0.327–0.565)			
Cancer history disclosed	7	0.437 (0.411–0.543)			
Category 5					
Cancer history undisclosed	7	0.413 (0.281–0.426)			
Cancer history disclosed	7	0.443 (0.359–0.526)			
Years of experience					
≤7					
Cancer history undisclosed	7	0.403 (0.325–0.437)			
Cancer history disclosed	7	0.411 (0.359–0.491)			
8–13					
Cancer history undisclosed	6	0.397 (0.253–0.445)			
Cancer history disclosed	6	0.421 (0.314–0.526)			
≥14					
Cancer history undisclosed	12	0.491 (0.428–0.543)			
Cancer history disclosed	12	0.477 (0.435–0.554)			

Abbreviations: IQR, interquartile range; MVF, metastatic vertebral fracture; OVF, osteoporotic vertebral fracture. <sup>a</sup>Defined as the concordance between each reader's diagnosis at the first round (OVF vs MVF) and the reference diagnosis (established through biopsy or follow-up >6 months). <sup>b</sup>Based on size, availability of high-tech medical equipment and procedures, and degree of educational activity. No readers from category 1 hospitals (simplest) were included in this study.

eTable 6. Diagnostic Accuracy <sup>a</sup> Depending on Presence of Preexisting Fractures and Disclosure of Clinical History				
Median Kappa (IQR)				
Cases without preexisting fractures				
Before clinical history of cancer was disclosed	0.452 (0.387–0.509)			
After clinical history of cancer was disclosed	0.462 (0.407–0.570)			
Cases with preexisting fractures				
Before clinical history of cancer was disclosed	0.286 (0.183–0.396)			
After clinical history of cancer was disclosed	0.331 (0.219–0.368)			

Abbreviations: IQR, interquartile range; MVF, metastatic vertebral fracture; OVF, osteoporotic vertebral fracture. <sup>a</sup>Diagnostic accuracy is defined as the concordance between each reader's diagnosis at the first round (OVF vs MVF) and the reference diagnosis (established through biopsy or follow-up >6 months).

# eAppendix 1.

# Members of the Spanish Back Pain Research Network Task Force for the Improvement of Inter-Disciplinary Management of Spinal Metastasis (in alphabetical order)

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