

Department of Surgery Neurosurgery Teaching Unit

TRAUMATIC BRAIN INJURY (I). BRAIN CONCUSSION. TRAUMATIC INTRACRANIAL HEMATOMAS

34484 Pathology of the nervous system

Neurosurgery

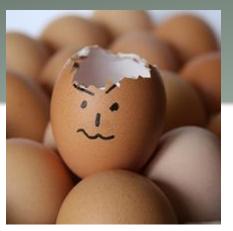
Topic 17

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Key points

- Traumatic brain injury (TBI)
- Cranial and brain lesions



- Evaluation and staging in emergency room
- Intracranial haemorrhage
 - Subdural hematoma (SDH) and epidural hematoma (EDH)
- Progressive injury: Hypoxia and hypotension in TBI

• Severe TBI

- Edema, congestion, ischemia, and brain herniation
- Treatment of severe TBI
- Complications and sequalae





TRAUMATIC BRAIN INJURY (TBI)

- What is a TBI?
 - "A traumatically induced structural injury and/or physiologic disruption of brain function as a result of an external force"
 > Result of a traumatic action on the brain and its coverings
 - Loss of consciousness may NOT happen (conscience ≠ consciousness)
- Importance
 - First cause of loss of consciousness in general population
 - Most frequent cause of epilepsy 18-25 years
 - High mortality
 - 1st cause of death < 20 years and 15-45 years
 - Morbidity: sequelae (many and severe) ⇒ 15 % result in disability
 - 20 cases/million people severe disability
 - 40 cases/million people moderate disability
 - Long-term brain deterioration (memory, movement, senses, emotions)









Sequelae

GA-GA-

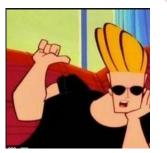
COGNITIVE DEFICITS Short term memory loss, concentration problems, slow thinking, limited attention, deterioration of different cognitive abilities

PHYSICAL DEFICITS Speech, visual, hearing, deficits. Low motor coordination, spasticity, paralysis, epilepsy, loss of balance, and fatigue

EMOTIONAL DEFICITS

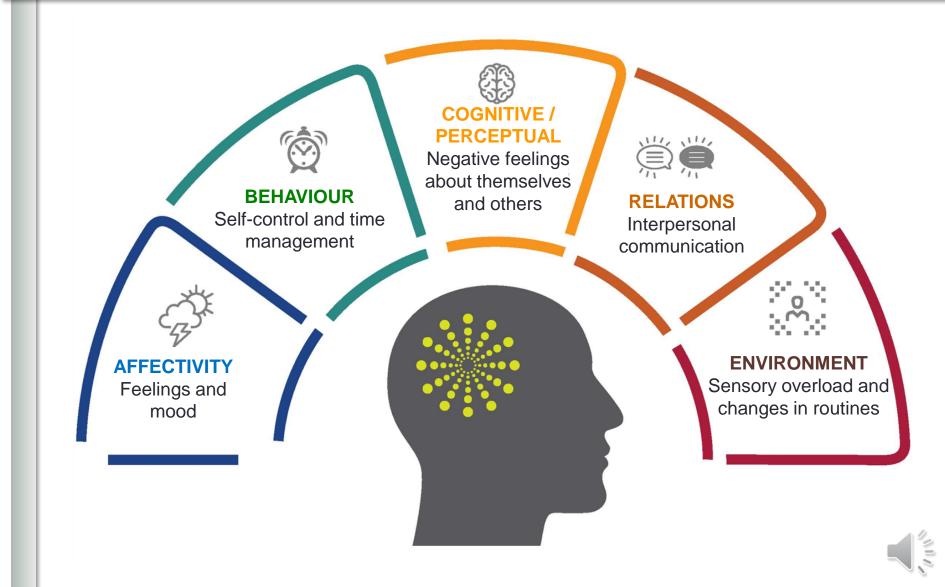
TBI

Mood swings, egocentrism. Anxiety, depression, low self-esteem, sexual dysfunction, nervousness, loss of motivation, and uncontrolled emotions





Sequelae: Irritability



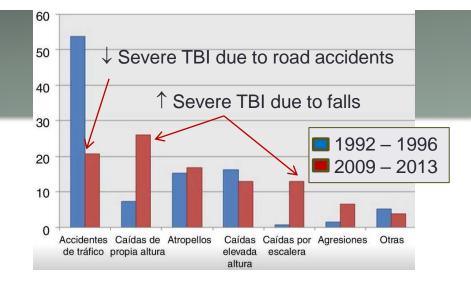


Incidence

- Incidence of TBI per 100,000 people:
 - 2000 emergencies
 - 300 admissions (125 severe)
 - 10-20 deaths
- High mortality (42 % of TBI are severe):
 - 15-17 % TBI result in death
 - Increasing cohort: fall of patients on anticoagulants

TBI as cause of death:

- 1 % deaths
- 25 % deaths due to trauma
- 50 % deaths due to road accidents



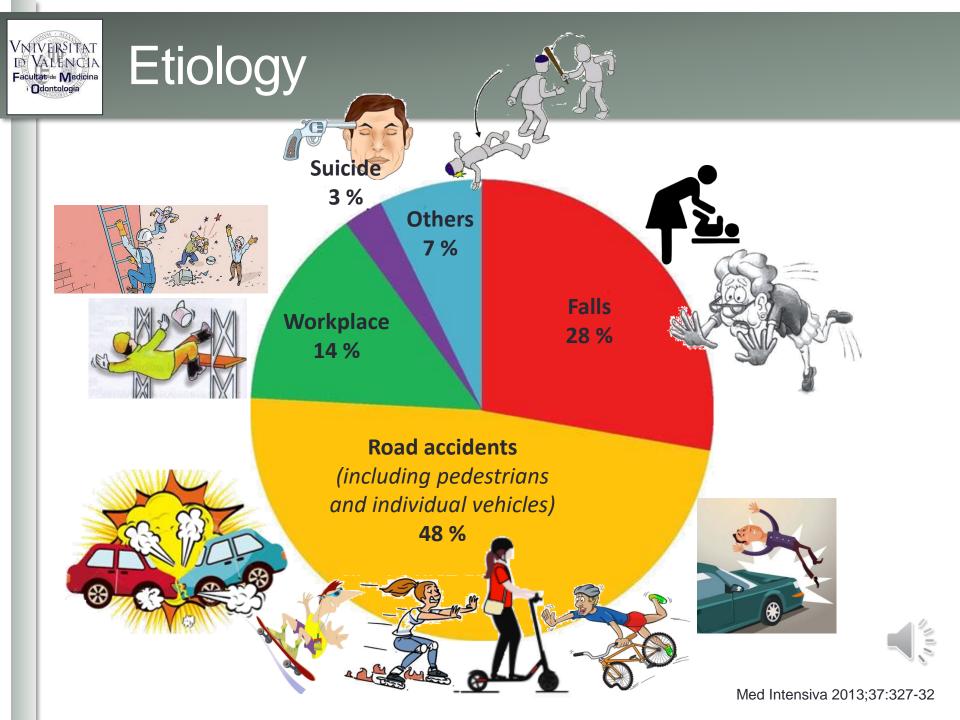
Severe trauma with pre-hospital death:

- 2/3 due to polytrauma
- 10 % due to TBI

Mortality of severe TBI that arrives to hospital:

- 35 % due to primary lesions
- 50 % due to secondary lesions
- 8 % due to extracranial complications







Etiology

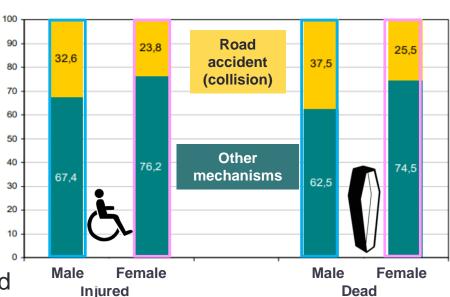
- Most affected population:
 - Infants: falls > abuse
 - Schoolchildren: bikes, falls, and collisions (road)
 - Teenagers (male): risky attitudes and activities
 - Young male: road accident > workplace and risk activities
 - Older women: other causes (falls + anticoagulants)







%







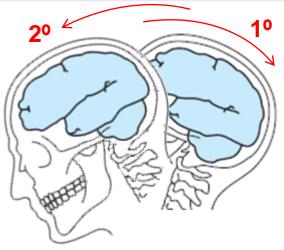


Blunt contusion

Basic mechanisms of TBI

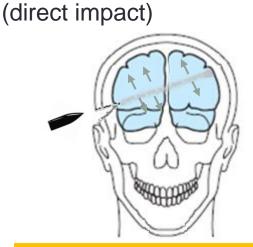


Coup (strike)

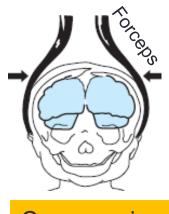


Coup – contrecoup

Acceleration - Deceleration



Penetrating / perforating (low / high speed)







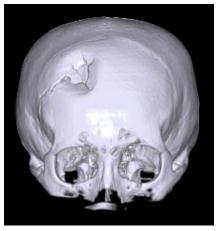


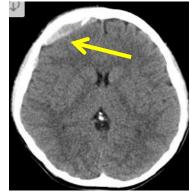


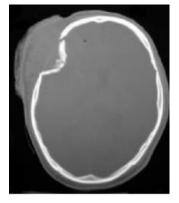
Collision (direct impact)

 Direct impact = inelastic collision

- Impact object against head
- Skull lesions (fracture)
- Direct lesion of subjacent brain
- Indirect lesion (contrecoup, haemorrhage)



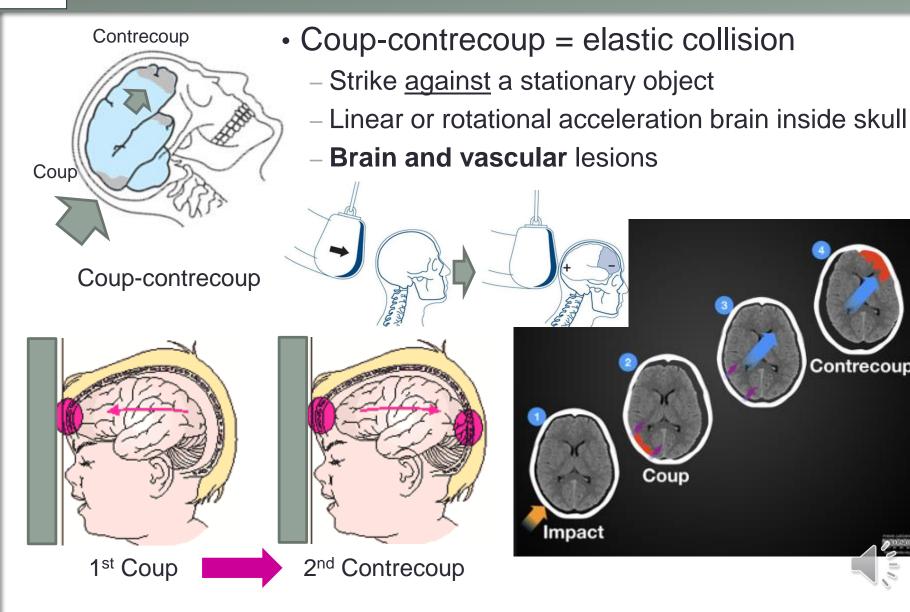




lwisa zulú

(knobkerrie)

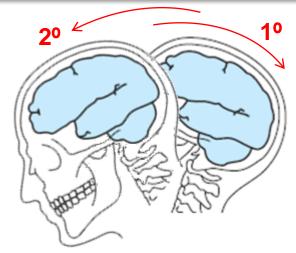




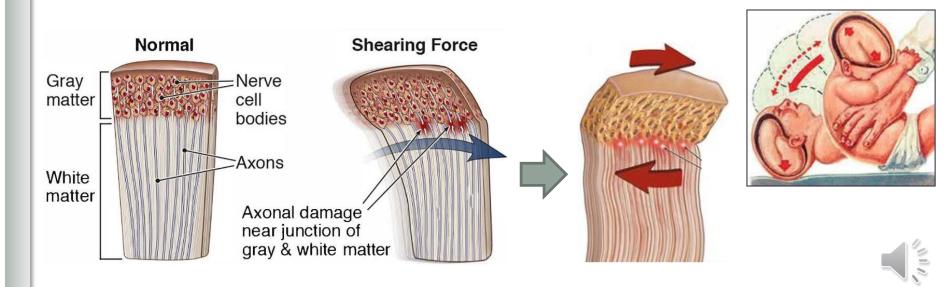
Contrecou



- Acceleration deceleration
 - Brisk flexion extension (punch, shaking infants)
 - Shear grey / white matter
 - Diffuse axonal injury
 - Both in brain and in brainstem
 - BAD PROGNOSIS



Acceleration – deceleration





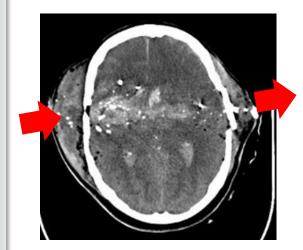


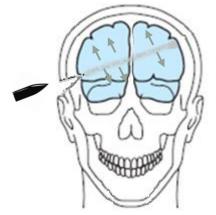
High speed (bullet)



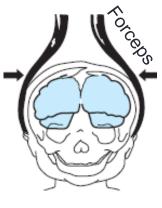
Low speed (knife, pen)







Perforating / penetrating (high / low speed)

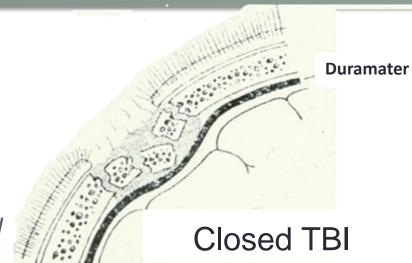


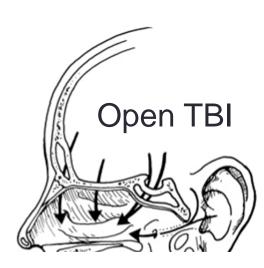
Compression (forceps, entrapment)

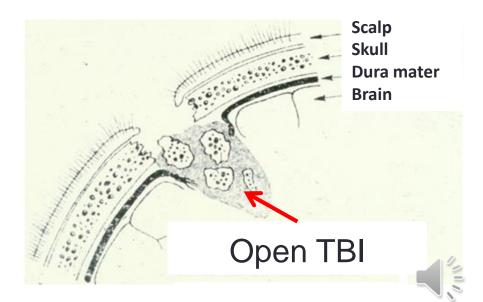


Types of TBI

- According to dura mater:
 - Closed TBI = Dura mater intact
 - Open TBI = Dura mater opened
 - Possible infection
 - Skull base → Direct communication with paranasal sinuses, mastoid, and middle ear









Types of lesions

Primary injury





- Primary
 - Contusion and scalp wounds
 - Skull / facial fracture
 - Brain concussion
 - Brain contusion
 - Brain laceration
 - Diffuse axonal injury

- Secondary ⇒ ↑ ICP
 - Intracranial hematomas
 - Brain edema / herniation
 - Brain congestion (hyperaemia)
 - Extracerebral causes: cerebral ischemia / hypoxia

 Tertiary (complications and sequelae)

- Hydrocephalus
- Epilepsy
- CSF fistula
- Septic (meningitis, empyema, abscess)
- Post-traumatic encephalopathy





SCALP LESIONS

- Skin abrasion or scrapes (impact)
- Contusion: blood and edema in skin
- Subcutaneous hematoma
 - Children: difficult to differentiate from depressed fracture
- Subgalea hematoma
 - Under the galea, soft, fluctuating
 - DO NOT PUNCTURE
- Subperiosteal hematoma
 - Between periosteum and bone
 - Obstetric trauma (cephalohematoma)
 - DO NOT PUNCTURE

• Wounds

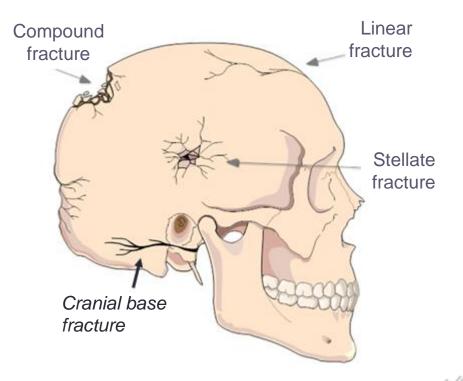
- Not always with TBI
- Types:
 - Perforating
 - Incised-blunt
 - Partial scalp detachment
 - Skin, Connective tissue,
 Aponeurosis, Loose connective tissue, Periosteum
- Heavy haemorrhage
- Compression
- Rx: fracture and foreign bodies ruled out
- Shaving, cleaning, and suturing





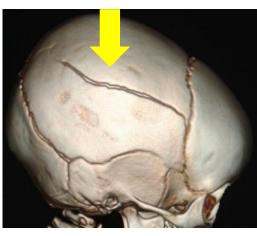
SKULL FRACTURES

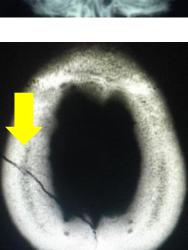
- High-energy impact
- Prognosis determined by brain lesion (NOT by bone)
- Localisation:
 - Vault
 - Linear and stellate
 - Depressed and with sinking of fragments
 - Compound
 - Skull base



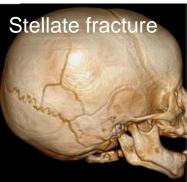


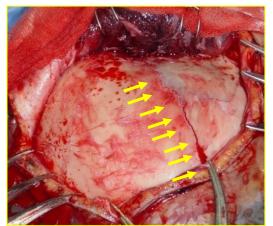
- 1. Cranial vault fractures
 - Linear fracture (80% of fractures)
 - Differentiate from sutures and vessels
 - *Diastatic* = *fracture* of a suture
 - Stellate = higher impact
 - Underlying vessels lesion?
 - Depressed fracture
 - Compound fracture

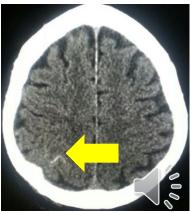












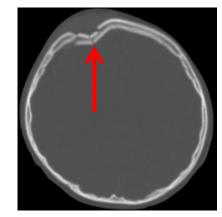


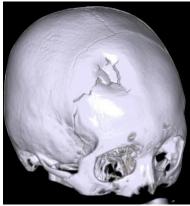


1. Cranial vault fractures

- -Linear fracture (80 %)
- -Depressed fracture
 - Outer table sunk below inner table
 - Possible contusion of subjacent brain → ↑
 Risk of post-traumatic epilepsy
 - Usually accompanied by laceration of scalp and dura mater
- -Compound fracture

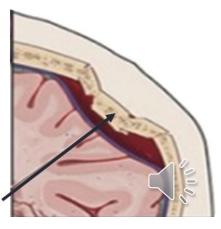






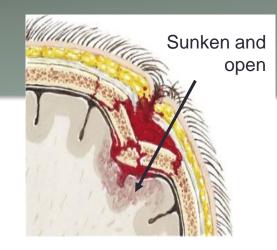


Depressed Fracture closed

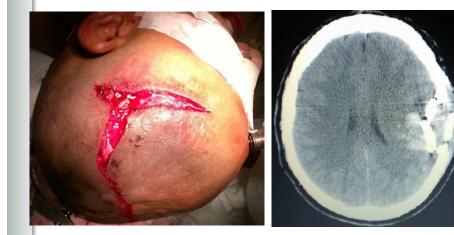




- 1. Cranial vault fractures
 - Linear fracture (80 %)
 - Depressed fracture
 - Compound fracture
 - With bone chips and splinters that exit through skin
 - Bone impacts in dura
 ⇒ Lesion of dura (= OPEN fracture)
 ⇒ Possible lesion of brain tissue
 - Related to severe brain damage











- 1. Cranial vault fractures
 - Clinical features: depend on BRAIN lesion
 - Examination may be normal, especially in linear fractures
 - Diagnosis:

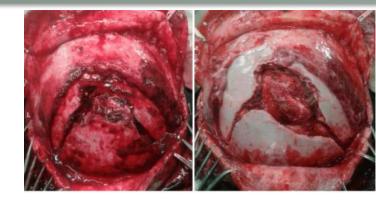
	Linear fracture	Depressed or compound fracture
Examir plain x-	nation with no findings: head rays	Urgent head CT
plain x-	al suspicion of brain lesion, or ray shows fracture, request head CT	
Consid	er risk of haematoma	Consider risk of opened dura mater (meningitis)

- Treatment



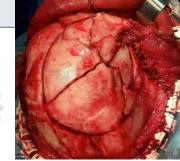


- 1. Cranial vault fractures
 - Clinical features
 - Diagnosis
 - Treatment:



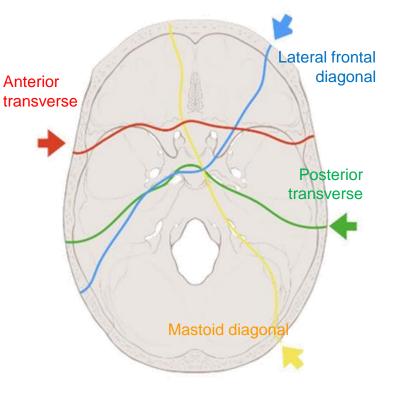
Linear fracture	Depressed or compound fracture
24-hour observation	Hospital admission
No treatment needed	Surgical intervention: elevate fragments, remove splinters, and bruised brain area (avoid possible epilepsy foci). Antibiotic.

Prognosis depends on brain injury





- 2. Skull base fractures
 - Very strong traumatism
 - Most frequent: frontoethmoidal and petrous bone (anterior and middle fossae)
 - Affect structures:
 - Paranasal sinuses or petrous bone ⇒ rupture of dura mater ⇒ leakage CSF or blood (rhinorrhoea, otorrhea), pneumocephalus
 - Cranial nerves
 - I-VI in anterior fossa
 - VII and VIII > V-VI in petrous bone Fracture (Granedigo syndrome)
 - IX-XII in posterior fossa
 - Large vessels (carotid), less common



Transsphenoidal fracture





2. Skull base fractures

Clinical features

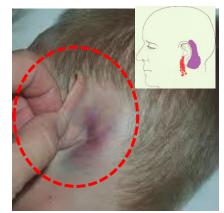
Periorbital ecchymosis (racoon eyes)



Subconjunctival hemorrhage



Retromastoid ecchymosis **(Battle sign)**







CSF leak (rinoliquorrhea)



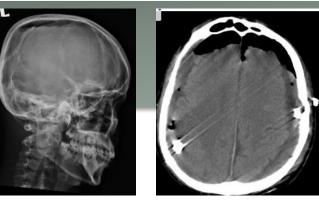
Hemotympanum, otorrhagia



V-XII cranial

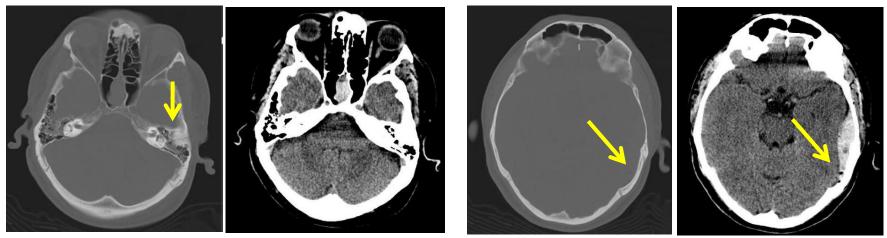


- 2. Skull base fractures
 - Clinical features
 - Diagnosis: CT



Pneumocephalus (X-ray and CT scan)

- Suspicion: periorbital or retromastoid hematoma
- May associate dural tear \rightarrow risk of meningitis (pneumococcus)
- Pneumocephalus = open traumatic brain injury
- Treatment

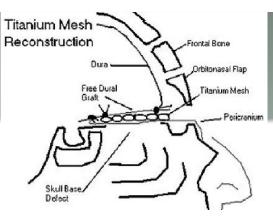


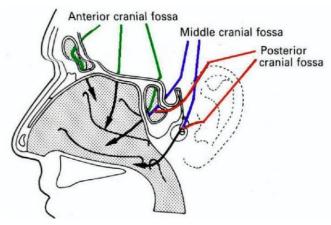
Left: Right petrous-temporal fracture (carotid channel → request angiography to rule out vascular lesion) Right: Same patient, left temporoparietal fracture with left epidural hematoma (air inside)

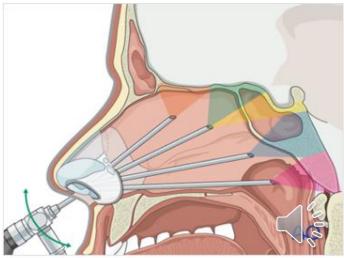


2. Cranial base fractures

- Clinical features
- Diagnosis
- Treatment
 - 24-h observation, even if no focal signs or loss of consciousness
 - Most do not need treatment
 - If liquorrhea, do NOT plug (*î* risk meningitis)
 - If CSF leak:
 - Antibiotics
 - Conservative treatment: bed rest 7-10 days
 → repeated lumbar punctures or lumbar
 drain
 - Surgical treatment (after 3 weeks): dural repair (endoscopic or craniotomy)

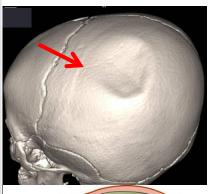


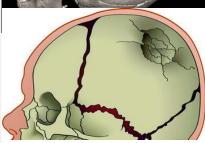










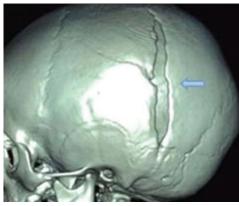


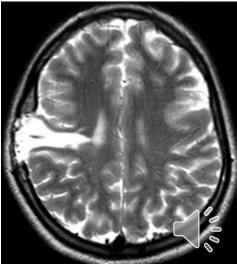
Ping pong fracture (pond fracture)

3. Skull fractures in paediatrics

- Ping pong skull fracture
 - Depressed skull fracture with no skin or dura lesions
 - Surgical treatment
- Growing skull fracture
 - Enlarging fracture, post-traumatic leptomeningeal cyst
 - Fractures with dural tear
 - ⇒Arachnoid herniates through the fracture
 - ⇒ Pulsing CSF→ Progressive enlargement of the fracture
 - Surgical treatment









PRIMARY BRAIN DAMAGE

- General or focal
- Cortex or brainstem
- According to loss of consciousness (OBSOLETE):
 - Commotion (< 6 hours, no pathological lesions)</p>
 - Concussion (> 6 hours, with microscopic lesions)
 - Laceration (with macroscopic lesions)

Consciousness ↔ brainstem damage (due to swaying or secondary ICHT)

Not reported in international literature

Amnesia ↔ diffuse cortical damage (depends on energy of traumatic agent and severity of TBI)



Brain concussion

- "Immediate and transitory loss of consciousness, of variable duration (<6 hours), secondary to non-penetrating traumatic brain injury" (violent shaking of the brain)
 - Patient immobile, shallow breathing, light pulse, no response to external stimuli, mydriasis, no swallowing / cough / pupillary reflex
 - Short period of amnesia, no focal deficits
 - Other symptoms: blurred vision, nausea/vomiting, headache, light-headedness, strange behaviour, lack of coordination and concentration...
- No image or pathology lesions
 - Biochemical disfunction with ↓ mitochondrial ATP ± alterations excitatory neurotransmitters
- Does not need specific treatment

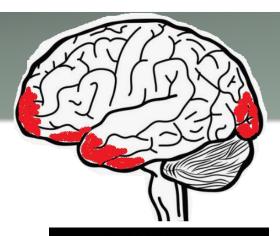


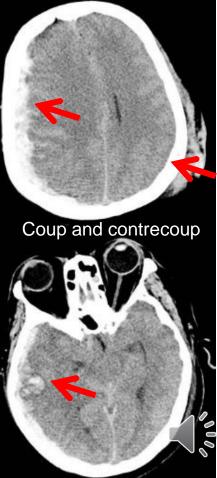




Brain contusion

- Produced by mechanical forces that move the brain → areas of coup and contrecoup
 Direct impact, acceleration-deceleration
- From petechiae to haemorrhagic destruction and extensive necrosis (CT, MRI)
 - Possible deep haemorrhage due to torsion and shearing of brain and vessels
 - Rupture blood brain barrier \rightarrow vasogenic edema, \uparrow ICP
- Clinical features: anodyne ⇒ focal lesion⇒ complex and severe picture
- May require treatment to avoid secondary lesions and/or ¹ICP







Diffuse axonal injury

- Primary lesion due to sudden rotational acceleration-deceleration movement
 - Shear between grey and white matter \rightarrow diffuse injury in axons
 - Early and sustained deterioration of level of consciousness
- CT / MRI
 - Microhaemorrhages in corpus callosum, corticosubcortical junction, and brainstem
 - MRI: diagnosis of choice, even with normal CT
- Bad prognosis
 - First cause of post-traumatic vegetative state (occurs in 40-50 % of severe traumatic brain injury)

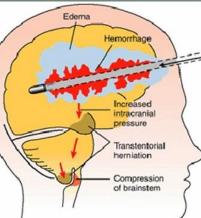




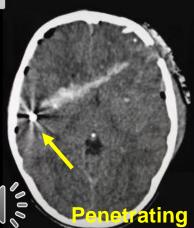
Brain laceration

- Affects skull, dura, and brain
- Types:
 - Stab or sharp item (penetrating, slow speed) ⇒ focal lesion
 - ➤ Knife, nail, harpoon, scissors, pen
 - Squama temporalis, orbit, or anterior fossa floor
 - Firearm (penetrating or perforating, high velocity) ⇒
 expansive wave ⇒ Greater destruction of nervous tissue
 - >20 % survive initial impact, only half of these individuals survive the consequences











INITIAL EVALUATION OF TBI

- History of the facts
 - Hit, run over, fall
 - Driver, accompanying person, passenger
 - Car, motorbike, bike, bus, individual 2-wheel vehicle
 - Fall, sports accident, aggression, self-aggression
- Recent personal history
 - Drug, food (latex-fruit), environmental allergies
 - Last intake of solids, liquids, medication, drugs
- Level of consciousness
 - How has it changed since the accident
 - Normal consciousness, bradypsychia, space-time disorientation, stupor, coma
- Consider polytrauma





Initial exam: "visual exam"

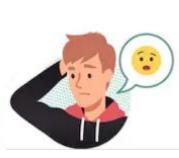






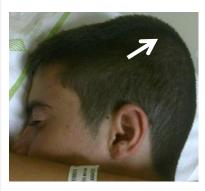
Vomiting

Signs of



Confusion





skull fracture

RED FLAG SIGNS?

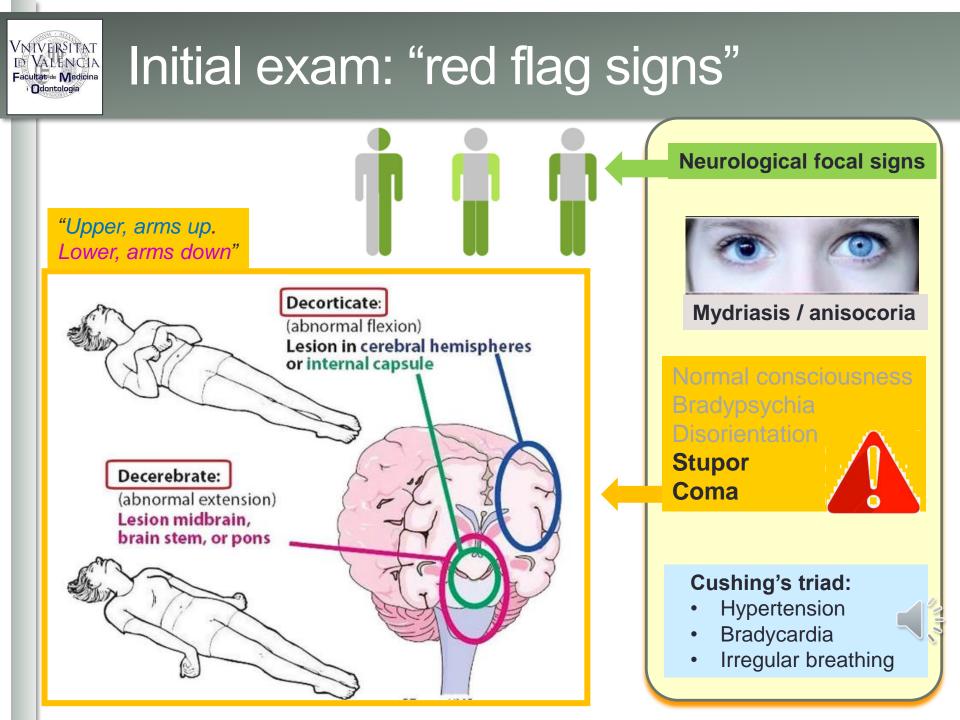
Normal consciousness **Bradypsychia Disorientation Stupor** Coma











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Initial exam: "fast examination"

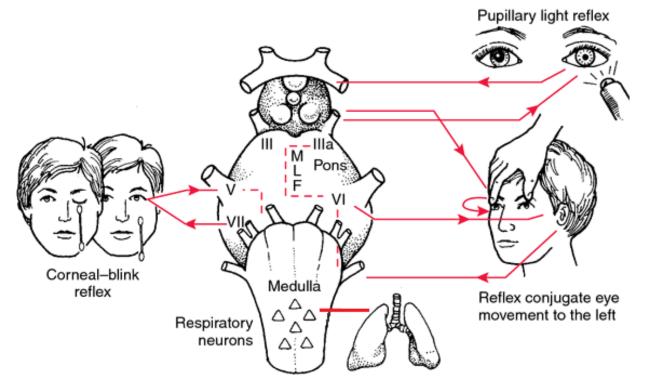
- Patient with stupor of coma:
 - -Response to pain
 - -Facial 🔺
 - Movement of limbs
 - –Pupils 🤞
 - –Neck stiffness <</p>
 - Plantar cutaneous reflex

- How to do it:
 - Press a fingernail
 - Open an eyelid before a light
 - Exam neck stiffness
 (except if there could be cervical fracture)
 - Plantar cutaneous reflex (cortico-spinal pathway, Babinski)



Lesion site localization through neurological exam findings

- Pupillary dilatation = mesencephalon
- Corneal reflex = fifth cranial nerve = pons
- Oculocephalic reflexes = eighth cranial nerve = pons
- Respiratory abnormalities = medulla





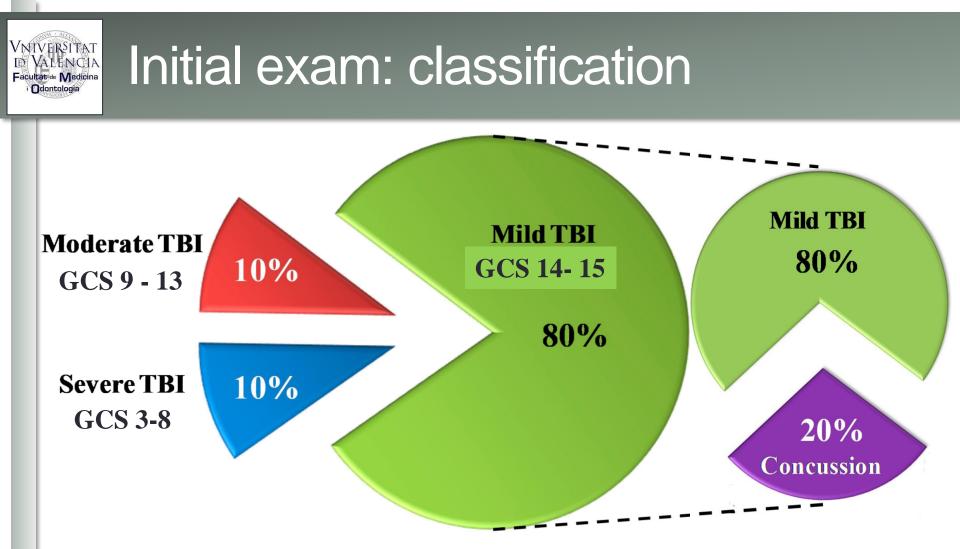
Initial exam

GCS

- Glasgow coma scale
 - Traumatic brain injury or any brain damage
 - <u>Best</u> ocular, verbal, and motor response
 - Routine in emergencies and ICU ⇒ progression
 - 3 to 15 points
- GCS-P (2017)
 - Pupil reactivity score (subtract points)
 -2 = 2 pupils unreactive
 -1 = 1 pupil unreactive
 -0 = normal pupils
- Modified for children and intubated patients

15-14

	Spontaneous	4
	To sound	3
	To pressure	2
	None	1
	Oriented	5
	Confused	4
	Inapropriate	3
	Sounds	2
	None	1
	Obey commands	6
Ť	Localising	5
	Normal flexion	4
	Abnormal flexion	3
	Abnormal extension	2
	None	
4 = Mild	13 – 9 = Moderate	≤ 8 = Severe



- GCS-pupillary reaction
 - Subtract 1-2 points if there is 1-2 unreactive pupil \rightarrow MAY MODIFY STAGING
 - Patients with GCS 14: if 1 pupil is unreactive, patient is GCS-P 13

 → MODERATE
 Traumatic brain injury (ADMISSION TO HOSPITAL)



TRAUMATIC BRAIN INJURY MANAGEMENT IN EMERGENCY ROOM

- Low-risk patients
 - Headache, dizziness, abrasion, or contusion of the scalp
 - Treatment: home observation by a responsible adult
 - Do not require image tests EXCEPT:
 - Coagulopathies, alcoholism, drug abuse, epilepsy, or elderly with some disability
- Moderate-risk patients
- High-risk patients

 Tabla V.
 Recomendaciones para observación domiciliaria después

 de un traumatismo craneoencefálico

- El niño debe ser vigilado por una persona responsable, al menos, durante las 24 horas siguientes, por si se detecta algún problema
- Debe acudir de nuevo al hospital para ser reevaluado, si observa alguna de las siguientes alteraciones:
- Dolor de cabeza intenso o progresivo
- Comportamiento anormal: confuso, irritabilidad inconsolable, somnoliento con dificultad para despertar
- Vómitos
- Movimientos anormales, dificultad para caminar, pérdida de fuerza en alguna extremidad
- · Alteraciones en la visión, pupilas de tamaño diferente
- Salida de líquido o sangre por la nariz o los oídos
- Puede dejarle dormir, pero debe despertarle cada 2 a 4 horas y comprobar brevemente sus reacciones
- Puede tratar el dolor de cabeza con paracetamol o ibuprofeno a las dosis habituales





TRAUMATIC BRAIN INJURY MANAGEMENT IN EMERGENCY ROOM

- Low-risk patients
- Moderate-risk patients
 - Post-traumatic amnesia, loss of consciousness
 - Significant subgaleal swelling
 - Vomiting, seizures, progressive headache
 - Infants < 2 years</p>
 - History of drug abuse
 - Head CT and admission to 24hour observation
- High-risk patients





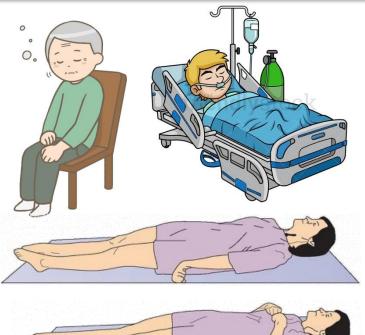




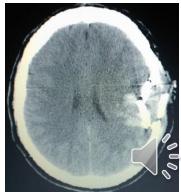


TRAUMATIC BRAIN INJURY MANAGEMENT IN EMERGENCY ROOM

- Low-risk patients
- Moderate-risk patients
- High-risk patients
 - Decreased or decreasing level of consciousness
 - GCS < 14
 - Neurological focal signs
 - Penetrating traumatic brain injury, skull depressed fracture
 - CT scan + admission (ICU?)
 Evaluation: neurosurgery

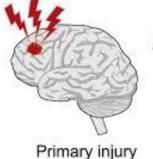








Types of lesions



Seconds, minutes or days

Time



- Primary
 - Contusion and scalp wounds
 - Skull / facial fracture
 - Brain concussion
 - Brain contusion
 - Brain laceration
 - Diffuse axonal injury

- Secondary ⇒ ↑ ICP
 - Intracranial hematomas
 - Brain edema / herniation
 - Brain congestion (hyperaemia)
 - Extracerebral causes: cerebral ischemia / hypoxia

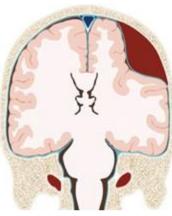
 Tertiary (complications and sequelae)

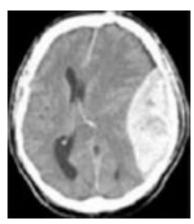
- Hydrocephalus
- Epilepsy
- CSF fistula
- Septic (meningitis, empyema, abscess)
- Post-traumatic encephalopathy



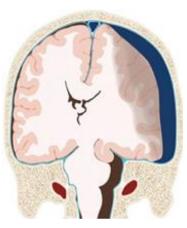


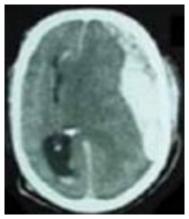
INTRACRANIAL HEMORRHAGE



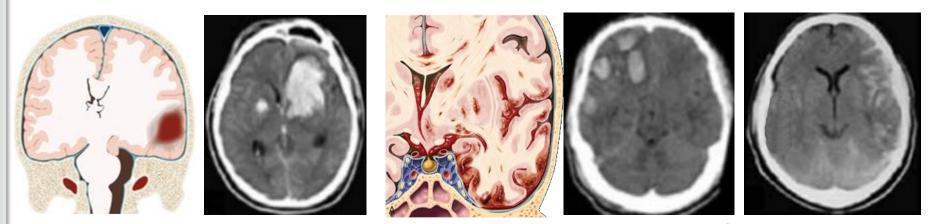


Epidural hematoma





Subdural hematoma



Intracerebral haemorrhage

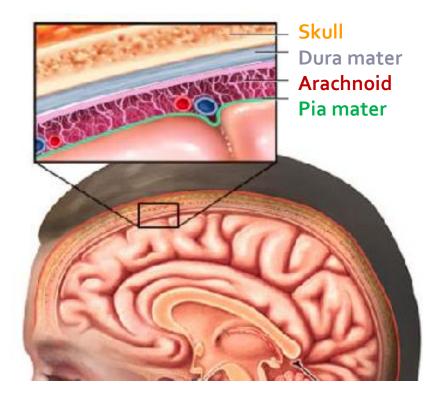
Brain contusion





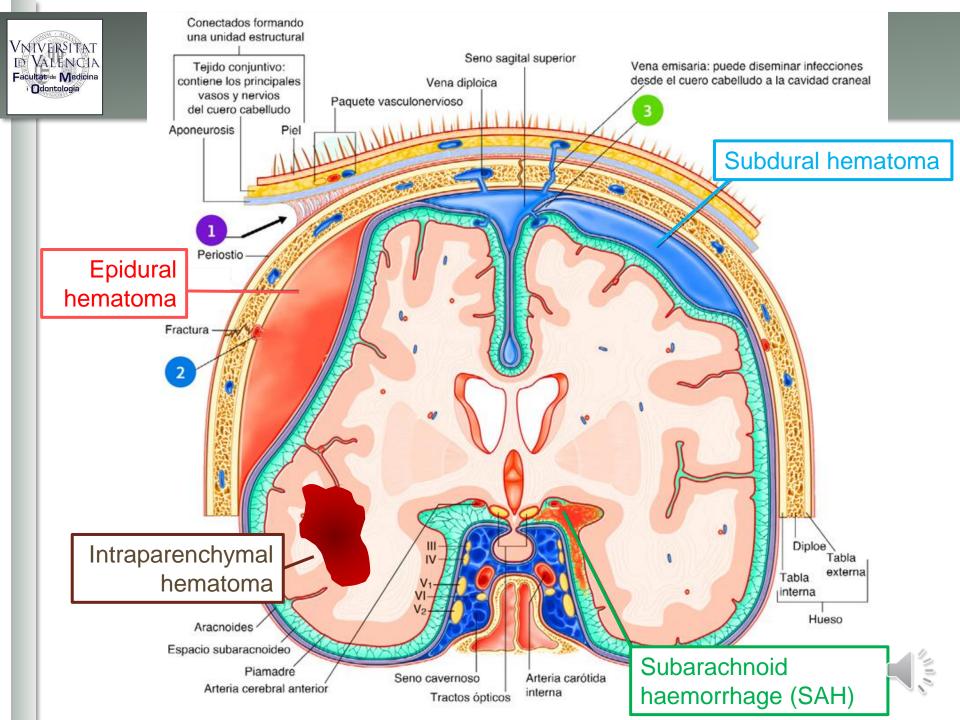
INTRACRANIAL HEMORRHAGE

- Epidural hematoma (2% traumatic brain injury): young people, severe
- Subdural hematoma: very frequent, torpid evolution
 - Acute
 - Subacute
 - Chronic
- Intracerebral hematoma (intraparenchymal): direct contusion, coup, contrecoup
- Subarachnoid haemorrhage: mainly aneurysmal



Diagnosis of bleeding = CT





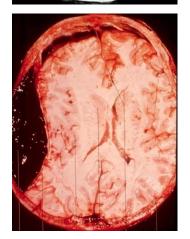


Epidural hematoma

- Between dura mater and skull
 CT scan: shape of biconvex lens
- Incidence: 1-3 % TBI, young people
- Etiology:
 - 85 % arterial ⇒ rupture of middle meningeal artery in temporal squama
 - 15 % venous (tearing venous sinus)
 - Location: temporal, parietal > frontal > posterior fossa
- Clinical features: typical in 30 %
 - 1. Loss of consciousness
 - 2. Lucid interval
 - 3. Rapid neurological deterioration
- Treatment = emergency surgery (10-30 % mortality)





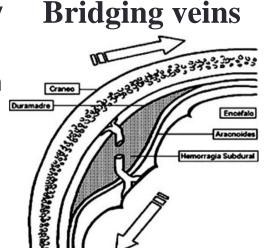




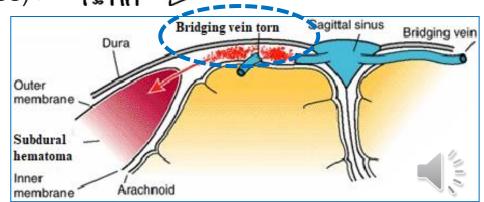
Subdural hematoma

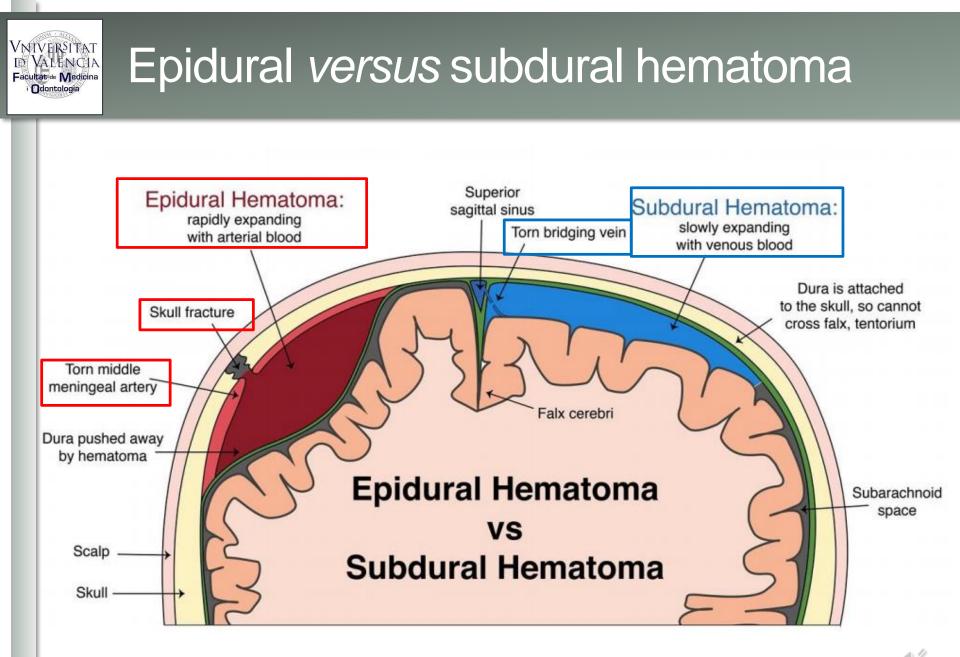
- In subdural space, between cortex and dura mater, usually frontotemporal
 - CT: crescent shape, expands directly on the cortex
 - MRI: different degrees of liquefaction depending on time of evolution
- Etiology:
 - Rupture of cortico-dural vessels (bridging veins >> cortical arteries) > cortical laceration
- Classification (time)
 - Acute 0 3 days
 - Subacute 3 days -3 weeks
 - Chronic > 3 weeks











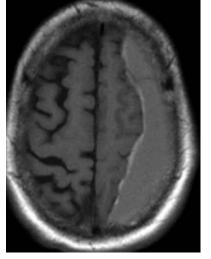


Subdural hematoma (SDH)





Subacute SDH



Chronic SDH (MRI)

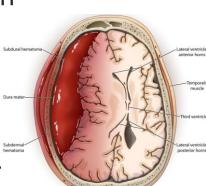


Acute on chronic SDH

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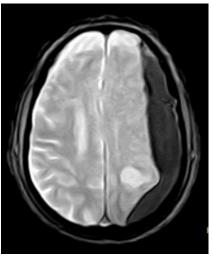
Acute subdural hematoma

- Etiology
 - Requires stronger impact than epidural
 - Possible lesion of underlying brain parenchyma
 - ⇒ Worst prognosis
- Clinical presentation
 - Somnolence or coma minutes or hol[™]
 after traumatic brain injury
 - Possible neurological focal signs
 - Location, mass effect, transtentorial herniation
- Treatment: emergency surgery (craniotomy)
 - Mortality 50 90 % depending on severity





CT: SDH + brain herniation

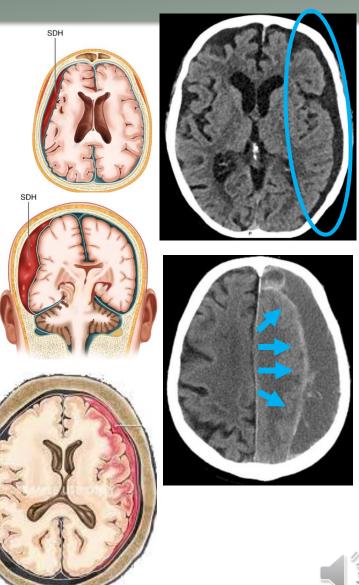






Chronic subdural hematoma

- Etiology
 - Trivial trauma, unnoticed
 - Elderly, diabetic, children, alcoholic, anticoagulated patients...
- Clinical presentation
 - Symptom-free interval (weeks, months)
 - Headache, neurological deficits, cognitive disfunction
 - May simulate stroke, tumours, dementia...
- CT
 - <u>Hypodense</u> lesion, crescent shape, does not respect sutures
- Treatment: surgical (trephine and drainage)



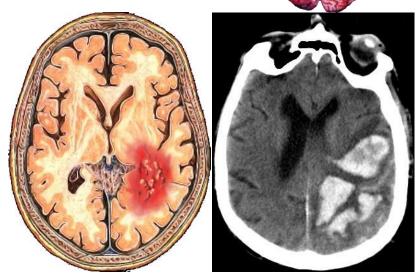
Other intracranial hemorrhage

- Contusion intraparenchymal hemorrhage
 - Major trauma ⇒ Contusive focus ± brain laceration
 - Focal neurological lesion and /or epilepsy
 - General lesion due to **1CP** (hemorrhage + vasogenic oedema Blood brain barrier rupture-)

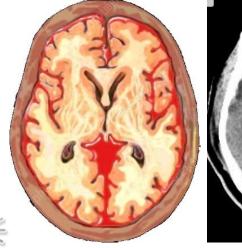
May require treatment

Traumatic subarachnoid hemorrhage (SAH)

- Frequent
- Accompany other traumatic brain injury lesions
 - Little importance, although may hinder clinical course
- Does not require specific treatment



Intracerebral contusion-hemorrhage





Traumatic subarachnoid hemorrhage



SUMMARY KEY CONCEPTS TOPIC 3

- Traumatic brain injury
 - The most important: BRAIN LESION
 - Types according to dura mater: closed versus open

Lesions

– Primary (immediate) > secondary (minutes-hours) > tertiary (days)

Evaluation in ER

- Facts and circumstances + rapid exam
- Rule out other lesions
- Staging Glasgow coma scale and GCS-P

Intracranial hematomas

- Secondary lesion that requires early diagnosis (CT) and treatment
- Differential diagnosis epidural versus subdural hematoma





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